



**COSMO PHARM<sup>®</sup>**  
*Since 1994*



*The Green Factory*

PRODUCTS



CATALOGUE



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## WHO WE ARE?



*The first food supplement company in Romania – we have been supporting the health of Romanians for over 27 years*

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In 1994, in Bucharest, a family convinced of the amazing benefits of complementary medicine and the desire to promote a healthy lifestyle and support the health of Romanians, founded COSMO PHARM®, the first nutraceutical company in Romania, conceived, created and dedicated exclusively to nutritional supplements, which introduced the concept of food supplement nationwide, thus paving the way for all corporations that, over the years, have followed in its footsteps.

With extensive experience in both allopathic and complementary field of the preventive medicine, Dr. Aurelia Talpoș, co-founder of COSMO PHARM®, introduced in Romania the first formula with Coenzyme Q10, the first antioxidant complex, the first nootropic (Neurotonic ®), the first integral vegetable, vegetarian and vegan laxative (Herbolax®).



*Where the innovation and research begin*

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A difficult path followed, oriented towards continuous development, expansion, improvement and revolutionization of products.

In 27 years we have continuously invested in technological progress, analysing the latest discoveries in the profile market, and we have launched unique and exclusive recipes for the national market, from vitamin and mineral complexes to nootropics from standardized extracts, superconcentrated fatty acids and exceptional antioxidants, to improve the health and quality of life of Romanians.

With an already nationwide distribution, at the same time with the modernization of the 3 fully automatic and computerized production lines, equipped with the most advanced production equipment in Romania, COSMO PHARM® has reached its technological peak, the production process evolving at the industrial level.

Due to the experience gained during all this time and to the desire of providing our customers with a wide range of quality and effective products, COSMO PHARM® has specialized in the production, import and marketing of the most advanced natural therapies. Thus, we have expanded our external partnership, collaborating with the largest manufacturers and the most famous world-renowned research laboratories: TISHCON CORP. (Q-Gel®, Active Q®), Kaneka (QH), DSM (resVida® Resveratrol), Ixoreal (KSM-66® Ashwagandha), AkerBioMarine (Superba2 Krill Oil), FMC (EPAX® Fish Oil), Sabinsa Corp. and many others.

COSMO PHARM® has always remained true to its original vision of meeting the needs of consumers for natural supplements, offering one of the widest ranges of high quality natural products for all ages (children, young people, adults, the elderly), with varied addressability, but at affordable prices for patients



*Health from Nature®*

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And because the inspiration for COSMO PHARM® comes from nature, we owe it to ourselves to protect it! Out of respect for the environment, we use renewable energy, provided by geothermal heat pumps, an ecological alternative to traditional fuels such as gas, wood or diesel. Thus, the products are stored in an environment with controlled temperature and humidity, in order to preserve the beneficial characteristics of the products for a long period of time.

To become a self-sustaining production unit, COSMO PHARM® has started a project to install an alternative electricity generation system through a fleet of photovoltaic panels, which will produce 124MW annually, designed to eliminate traditional electricity consumption in the process of production..





*We are passionate about your well-being*

**The mission of COSMO PHARM®** is to be with all those who seek balance and health in nature, developing more than just dietary supplements. Each product represents the materialization of a concept of healthy living, thought and created by specialists with high professional training, inspiration, talent and respect for you and your well-being. COSMO PHARM® food supplements are conceived from standardized natural extracts and clinically tested ingredients. The products are conceived both for prevention and as a treatment, either individually or in addition to allopathic medicine.

**The vision of COSMO PHARM®** is to change the perception of the importance of prevention in maintaining health and the rapid administration of a remedy, at the first symptoms that may indicate a disease. Thus, we are committed to improving the quality and longevity through natural products that improve the health of Romanians.

### *Our value*

**Integrity and respect** - We are convinced that nothing is more important than providing the highest quality natural products, in optimum concentrations at affordable prices, therefore we concluded partnerships with international research laboratories specializing in continuously improving the degree of bioavailability, the concentration of extracts and hence the efficiency of COSMO PHARM® food supplements.

**Community Orientation** - We act responsibly being involved in our communities by promoting health and prevention in CSR campaigns such as "Building Immunity", "2COOL4SCHOOL", "Buy locally with COSMO PHARM®", "5 for Health". Since 2003 we have implemented the ISO 14001 environmental management system, and the continuous concern in protecting the environment has determined us to conceive new environmentally friendly packaging, but which meet the functional needs of patients.

**We build stable partnerships** - We prioritize every relationship and act continuously in building one strong organizational culture, oriented towards collegiality. We consider our business partners as allies in the fight for a healthy life, so we meet them with quality natural remedies. We treat them with respect, fairness and integrity.

**Honest in communication.** We share information, knowledge and constructive advice, and when we need to manage more complicated situations, we do it with understanding, transparency and courage.

## OUR PRODUCTS

*– Tradition and quality –*

## UNIQUE, EXCLUSIVE, ORIGINAL AND EFFICIENT PRODUCTS



**COSMO PHARM®** means tradition and products that contain high quality ingredients, carefully selected by professionals with over **27 years of experience in complementary medicine**. All COSMO PHARM® food supplements are notified in accordance with Regulation C.E 1925/2006, revised 2021/468 on March 18, 2021 and law 56/2021 published in the OFFICIAL GAZETTE no. 332 of 1 April 2021, at the Ministry of Health, I.B.A.-S.N.P.M.A.P.S and the Regional Centre for Public Health - Iași.



Our products excel both in the face of quality requirements imposed by national authorities and in relation to European standards, GMP (Good Manufacturing Practice) and US FDA (United States Food and Drug Administration) criteria.



We conceive products in complex formulas from standardized extracts, which guarantee the same maximum concentrations of natural ingredients in each product, irrespective of the batch.



Our offer includes unique and exclusive products on the Romanian market, the result of many years of research and studies. We were the first to introduce in Romania, in 1994, Antioxidant Complex and the revolutionary product Coenzyme Q10, and today we are the only ones to provide our customers the next generation of Coenzyme Q10: **Active Q® Ubiquinol®** - the only active form of Coenzyme Q10, Kaneka patent™, based on **Bio-Q-Sorb®** technology (exclusive patent TISHCON CORP).



In order to maintain the same maximum level of product quality, efficiency, purity and safety, COSMO PHARM® has implemented, since 2003, the quality management (ISO 9001), environmental management (ISO 14001) and safety management systems. HACCP food (ISO 22000). You can find the three ISO standards on all the labels of our products.



The COSMO PHARM® portfolio has been constantly enriched with effective dietary supplements for a wide range of affections, currently numbering over 100 products carefully selected by our experts.



To protect our products against replication, we have over 50 own trademarks registered with OSIM. Our protected products bear ® next to the name, the sign of exclusivity



Our products participant in the Campaign for raising awareness concerning the necessity of increasing the immunity for the entire family, during cold season.



Product recommended by the National Company of Neurology and Psychiatry of the Child and Adolescent in Romania.



EPAX® Quality Certificate
















HALAL Quality Certificate

## How can we help you ...

- ✓ **Natural remedies with optimal formulas, with varied addressability, for all ages.**
- ✓ **Ingredients of the highest purity, from the world's largest producers of raw materials for food supplements.**
- ✓ **Products made based on of advanced, patented technologies, developed in research laboratories at the highest quality standards.**
- ✓ **The maximum bioavailability and the ingredients from standardized extracts ensure the quality and efficiency of the products, regardless of the batch.**
- ✓ **Formulas with ingredients in high concentrations that guarantee immediate absorption in the body, ideal for covering the daily needs.**
- ✓ **Food supplements specially conceived for those oriented towards a vegetarian or vegan lifestyle, 100% organic, without allergens,**



- ✓ **preservatives, dyes, artificial flavours, sugar, sodium, wheat / gluten, eggs and dairy products.**
- ✓ **Guarantee of quality, efficiency, purity and safety, through notifications made by the Ministry of Health, IBA-SNPMAPS, CRSP-Iasi and the three ISO systems implemented.**
- ✓ **Environmentally friendly production system.**
- ✓ **We do our best to offer you the best quality / price ratio.**

	NERVOUS SYSTEM	5
	CARDIOVASCULAR	14
	ANTICHOLESTEROL	19
	AMINOACIDS	25
	VISUAL	27
	OSTEOARTICULAR	29
	GASTRO-INTESTINAL	38
	DETOXIFICATION	43
	IMMUNITY	53
	VITAMINS AND MINERALS	59
	TONIC AND VITALIZING	62
	MASCULINITY	67
	BEAUTY AND FEMINITY	70

*The images of the products are for presentation.*

*COSMO PHARM® reserves the right to modify / update the information contained in this catalog.*

**Food supplements do not replace a varied and balanced diet and a healthy lifestyle. Do not exceed the recommended dose for daily consumption. Keep out of the reach of small children. Not recommended for people allergic to any of the ingredients. Products containing ingredients from natural sources, may vary from one organ to another, without affecting the characteristics of the product.**

# NERVOUS SYSTEM

NERVOUS SYSTEM



30  
cps

## NEUROTONIC®

### NATURAL TONIC OF THE NERVOUS SYSTEM

Unique combination of substances beneficial to support the nervous system. Phosphatidyl choline is a precursor of choline and is an active participant in acetylcholine synthesis. Acetylcholine is essential in the transmission of nerve impulses, its deficiency leading to conditions such as Alzheimer's.

#### Actions:

- Natural tonic of the nervous and vascular system. It has an antioxidant and neurotropic effect.
- Ginkgo Biloba Improves blood circulation to the brain and limbs, ensuring their efficient oxygenation.
- Decreases platelet aggregation and blood flow.
- Neuro-nutrients (lecithin, phosphatidylcholine and L-glutamine) result in the optimization of brain functions in intellectual effort, fatigue, memory deficits, attention disorders and concentration.
- Improves the power of concentration, memory, coordination, reaction time.
- It intervenes in the relief of the symptoms related to age and delays the natural aging process.

#### Beneficial in:

Migraines, insomnia, vertigo (dizziness), hearing disorders (I know how to crack), vision or balance disorders, circulatory disorders (cold hands and feet), cerebral ischemia, etc.

**Active ingredients / capsule:** Lecithin concentrates, high purity - 575 mg, providing Phosphatidyl choline - 200 mg, L-Glutamine - 100 mg, Wheat germ oil - 62.50 mg, Ginkgo Biloba (extract) - 20 mg, Policosanol - 2 mg, providing Octacosanol - 1 mg, Gotu Kola (powder) - 50 mg.

**Administration:** 1-2 capsules a day, after meals.

#### Packaging:

bottle with 30 capsules.

30  
cps

## MEMORY MAX®

### MEMORY AT MAXIMUM CAPACITY!

Optimal combination of active ingredients that act to improve memory, concentration, attention and last but not least emotional state. **Phosphatidyl serine** or **phosphatidyl choline** form part of the neuronal membrane and support the health of the nervous system.

#### Actions:

- Supports the increase of mental efficiency, attention, learning capacity, memory, concentration and coordination.
- Helps improve emotional state, reduces fatigue and the effects of stress.
- Stimulates interneuronal connections \* EPA and DPLA help maintain normal vision, normal brain and heart function.
- Contributes to nerve cell regeneration.
- Reduces demyelination (loss of myelin layer leads to sclerosis).
- Delays cognitive decline due to aging.

#### Beneficial in:

Intense intellectual effort, memory deficits, attention and concentration, chronic fatigue, anxiety, depression, improved brain function in degenerative diseases (Alzheimer's, Parkinson's) senility, etc.

**Active ingredients / capsule:** Powdered Oil 250 mg; of which DHA - 100 mg, EPA - 10 mg, Phosphatidyl choline - 100 mg, L-Carnosine - 50 mg, Phosphatidyl serine - 25 mg, Vitamin B2 - 1.4 mg, Vitamin B6 - 1.4 mg, Vitamin B1 - 1.1 mg, Vitamin B12 - 2.5 meg.

**Administration:** 1 capsule daily, after meals.

**Packaging:** box of 30 capsules.





FAST ABSORPTION



## NATURAL MARINE MAGNESIUM 375 mg

Significantly higher bioavailability than any other ordinary magnesium, needed in more than 300 enzymatic reactions of the body.

**Simag®55** – Concentrated source of natural magnesium, of specific geographical origin that gives it a unique mineral profile. The extraction process without solvents allows obtaining a pure mineral with high bioavailability.

### Actions:

- Eliminates muscle spasms, cramps and cramps;
- Reduces stress, impulsivity and insomnia;
- Provides energy and reduces fatigue;
- Strengthens the structure of bones and teeth;
- Regulates insulin sensitivity and blood pressure;
- It helps in building strong bones and teeth.
- Supports heart health;
- Supports the transport of electrolytes (potassium, calcium) and nutrients;
- Antioxidant – slows down the aging process;
- Contributes to protein synthesis and cell division;

### Beneficial in:

- Cramps, cramps, muscle spasms;
- Fatigue, stress, migraines;
- Insomnia, anxiety, depression;
- Excessive consumption of protein, calcium or zinc.

### Active ingredients / 1 vegetable capsule :

Simag®55 purified natural marine magnesium 682 mg with 100% standardized extract 55% magnesium providing magnesium 375 mg.

**Administration:** Adults: 1 capsule a day, at the table, with a glass of water.

**Packaging:** box with 30 vegetable capsules.





# NeuroMAX<sup>®</sup>

+ CogniZin<sup>®</sup> & BacoMind<sup>™</sup>



The only neuroprotector and nootropic with **10** natural active ingredients.

**1 CAPSULE/DAY**  
VEGETARIAN friendly

**THE MOST COMPLEX, COMPLETE, CONCENTRATED AND BALANCED FORMULA, which contains maximum concentrations of the best documented standardized EXTRACTS from plants with neuro-protective action:**

CogniZin<sup>®</sup>, L-Carnitină, Taurină, BacoMind<sup>®</sup>, Ginkgo Biloba, Fosfatidilserină, Fosfatidilcolină, L-Glutamină, Acid alfa lipoic și Vitamina B5.



Powerful formula with research-backed ingredients that improve brain performance.



100% safe, no dangerous ingredients that do not have conclusive food safety research and no side effects.

## Supplement facts/ 1 vegetable capsule

## Amount/serving size %D/A\*

L-carnitine	125 mg	**
L-Taurine	125 mg	**
CogniZin <sup>®</sup> CDP-citicolină (patented form of citicoline, guaranteed stabilized, non-allergenic)	75 mg	**
Phosphatidylserines (standardized extract from Soya seeds/Glycine max with min. 20% phosphatidylserine)	62,5 mg	**
Ginkgo Biloba (standardized 50:1 leaf extract guaranteed to contain 24% ginkgolavoglycosides and 6% ginkgolides and bilobalides)	50 mg	**
BacoMind <sup>®</sup> (standardized extract from whole Bacopa monnieri plant, guaranteed with 40% bacosides)	25 mg	**
Epikuron <sup>®</sup> (extract from Soya seeds/Glycine max, standardized with min. 30% phosphatidylcholine)	25 mg	**
L-glutamine	25 mg	**
Alfa lipoic acid	12,5 mg	**
Vitamin B5	3 mg	50%

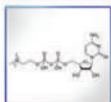
\*Nutritional Reference Values cf. Regulation 1169/2011\*\*The daily dose has not been established.

Product certified in a management:

ISO 9001 • ISO 14001 • ISO 22000



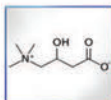
## BENEFITS:



**Cognizin® Citicoline** is the patented form of CDP-choline (citicoline) with the highest degree of absorption compared to the usual forms of choline bitartrate. It helps the brain generate electrical impulses, protects neurons from damage by free radicals, provides huge amounts of energy to the brain, supports healthy mitochondrial activity necessary for sustained mental effort, and helps synthesize and maintain cell membranes.



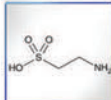
**BacoMind®** - patented standardized extract of Bacopa monieri, with 20 clinical studies on improved memory, cognition and neurodegenerative disorders. It includes 9 different bioactive ingredients with antioxidant effects (flavonoids and terpenoids), improves peripheral circulation, fights against macular degeneration and aids post-stroke recovery, fights memory loss associated with aging.



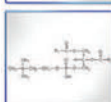
**L-Carnitine**, amino acid with a neuroprotective and antioxidant role, provides energy, helps to increase the duration and intensity of intellectual and physical effort.



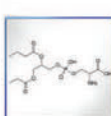
**Ginkgo Bilobait** has anti-anxiety and antidepressant action, increases learning and memorization capacity, stimulates intelligence, accelerates the processing of



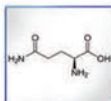
**Taurine** is an amino acid with a neuromodulatory role that protects neurons from the toxic effect of glutamate, provides mental clarity and has a relaxing effect in anxiety and stress.



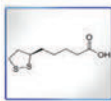
**Phosphatidylcholine**, precursor of choline, which participates in the synthesis of acetylcholine, is the essential substance in the transmission of nerve information and the functioning of the central and vegetative nervous system. It helps in the regeneration of the nerve cell (neurogenesis).



**Phosphatidylserine** plays a role in interneuronal communication, improves cognitive decline, regulates the release of acetylcholine, dopamine and noradrenaline, maintains the integrity of the myelin plate. It increases cognitive performance and has an anxiolytic and anti-stress role.



**L-Glutamine**, known as the "brain fuel", it has an anti-inflammatory role, being a GABA stimulator, reduces the excess of cerebral ammonia that causes neurodegenerative diseases (Alzheimer, Parkinson).

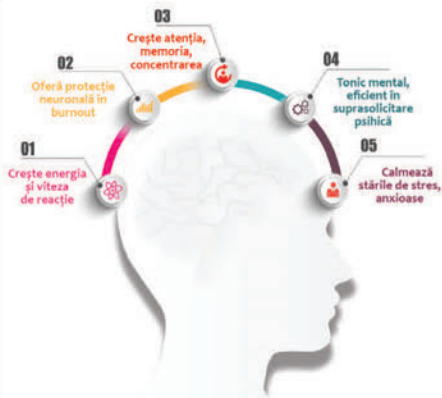


**Alfa lipoic acid** is an endogenous antioxidant with a neuroprotective role, acting centrally and peripherally, intra- and extracellularly, crossing the brain barrier.



**Vitamin B5** it is required for normal brain function, memory stimulation, and regulation of the autonomic nervous system through the production of neurotransmitters such as acetylcholine.

## BENEFITS:



### INDICATED IN:



Helps in Alzheimer's, Parkinson's, Tourette's, post stroke recovery.

- memory loss, lack of attention and concentration, cognitive deficit;
- neurodegenerative diseases - mild and moderate retardation, speech difficulties, epilepsy, Alzheimer's, Parkinson's, Tourette's;
- dizziness (vertigo), hearing disturbances, ringing and ringing in the ears (tinnitus), vision, balance or movement disturbances ("cold hands and feet");
- chronic fatigue, burnout, mental or intellectual overload/burnout, stress.
- depression, anxiety, dementia, mental and physical exhaustion;
- head injuries, operations, post-stroke recovery.

### PRECAUTIONS

Not recommended for pregnant or lactating women. Do not exceed recommended dose for daily consumption. Keep out of the reach and sight of small children. Contraindicated for people allergic to soy.

### ADMINISTRARE

Adults: one capsule a day, at meals, with a glass of water.

Neuromax can also be recommended to adolescents over 16 years of age.



## GINKGO MAX

Equivalent **6000 mg**

Ginkgo Biloba helps to optimize blood circulation to the brain and to better oxygenate it.

### Actions:

- Natural tonic of the nervous and vascular systems.
- Antioxidant effect with specific action on the nervous system.
- Improves circulation in the brain and limbs and decreases platelet aggregation.
- Increases blood flow and ensures efficient oxygenation of the brain.
- Optimizes brain functions in intellectual effort, fatigue, temporary memory, attention and concentration disorders.
- It intervenes in the relief of age-related symptoms and delays the natural aging process.

### Beneficial in:

Neurodegenerative disorders, migraines, headaches, post-stroke recovery, stress, chronic fatigue, hearing disorders (ringing in the ears), balance or circulation disorders (cold hands and feet), varicose veins, etc.

**Active ingredients / capsule:** Ginkgo biloba extract -120 mg equivalent to 6000 mg powder, with Ginkgoflavoglycosides - 28.80 mg and total Terpenoids - 7.20 mg.

### Administration:

1 capsule daily, for breakfast or lunch.

### Packaging:

bottle with 30/60 capsules.



## LECITHIN

**1200 mg**

Approximately 60% of blood plasma lipids and 40% of red blood cells are composed of lecithin compounds

### Actions:

- Lecithin has an important role in nerve cell nutrition, impulse transfer, stimulation of brain function.
- Improves memory, concentration and learning ability.
- Supports brain functions and nervous system health.
- Maintains a high mental tone and has an anti-stress effect.
- Protects the liver from fat deposits.
- Helps lower cholesterol and triglycerides.
- Regulates blood pressure and heart rate.

### Beneficial in:

Attention disorders, memory, concentration, depression, stress, Parkinson's disease, Alzheimer's disease, ischemic heart disease, atherosclerosis, hypercholesterolemia, hepatic steatosis, fibrosis, cirrhosis, viral hepatitis, etc.

### Active ingredients / capsule:

Soy Lecithin / (Glycine max) \* - 1200 mg, containing Phosphatidylcholine - 600 mg capsule.

\*Comes from non-genetically modified and non-irradiated crops.

### Administration:

1-2 capsules a day, after meals.

### Packaging:

bottle with 30 capsules.





## MELATONIN 3 mg

Melatonin is a hormone secreted by the pineal gland, the smallest gland in the human body. Melatonin secretory acids are disordered due to age, dysfunction caused by time zone changes or stress.

### Actions:

- It is a natural inducer of sleep, regulates the circadian rhythm.
- Adjusts the rhythm of sleep - wakefulness, dysfunctions caused by changes in time.
- Has hypnotic function (induces sleep) and sedative (reduces stable anxiety).
- Reduces the time needed to fall asleep.
- Stimulates the secretion of hormones and the growth of the pituitary gland.
- Reduces stress.

### Beneficial in:

Stress, insomnia, cumulative fatigue, asthenia, travel with time zone changes, etc.

### Active ingredient / capsule:

Melatonin – 3 mg.

### Administration:

1 capsule in the evening, 30 minutes before bedtime.

### Packaging:

bottle of 30 capsules.



## MELATONIN 5 mg

Melatonin is a hormone produced in the body by the pineal gland and plays an important role in setting the biological clock. The main factor that stimulates melatonin production is darkness, and light has the opposite effect.

### Actions:

- It is a natural inducer of sleep, regulates the circadian rhythm and stabilizes the biological rhythm.
- Adjusts the sleep-wake rhythm, improves sleep quality without side effects.
- Reduces the time needed to fall asleep.
- Stimulates the secretion of growth hormones of the pituitary gland.
- Reduces stress.

### Beneficial in:

Insomnia due to stress, cumulative fatigue, asthenia, travel with diffuse schedule changes.

### Active ingredient / capsule:

Melatonin – 5 mg.

### Administration:

1 capsule in the evening 30 minutes before bedtime.

### Packaging:

bottle with 30 capsules.





30 cps

## 5HTP 100 mg

5-Hydroxytryptophan (5-HTP) is a naturally occurring amino acid in the body, a precursor to the neurotransmitter serotonin (responsible for the "state of happiness") and melatonin (a hormone with an important role in regulating the biological clock).

### Actions:

- Maintaining the nervous system.
- Create serotonin and melatonin levels.
- Induces calm, self-confidence and relaxation.
- Restores mental and emotional balance and improves sleep quality.
- It is an adjunct in slimming belts and regulates appetite.
- Supports memory and stimulates learning ability.

### Beneficial in:

Depression, anxiety, stress, emotion, insomnia, irritability, fatigue, exhaustion, certain forms of addictions (alcohol, tobacco), diets, etc.

### Active ingredients / capsule:

hydro-ethanolic extract from the root of *Griffonia Simplicifolia*, with 98% 5-HTP (L-5 Hydroxytryptophan) - 100 mg, Vit. C - 120 mg, Vit. B6 - 20 mg.

### Administration:

Adults: 1 capsule a day during meals.

### Packaging:

box of 30 vegetable capsules.



30 cps



## MELATONIN 5 mg

Melatonin 5 mg fast release is available in the improved immediate release formula. Its administration results in a rapid increase in melatonin levels, within 30-60 minutes of administration, and it can remain in the body for 4-8 hours depending on age or weight.

### Actions:

- Induces sleep quickly and naturally;
- Fights insomnia;
- Eliminates awakenings during the night;
- Improves the quality of night rest;
- It induces sleep for those who have to sleep during the day because of the work schedule (changing shifts);
- Regulates dysfunctions caused by jet-lag;
- Regulates the circadian rhythm (sleep-wake rhythm);

### Beneficial in:

Insomnia caused by stress, time zone change/jet-lag; cumulative fatigue, intellectual overwork, depressive state of mind, temporary indispositions.

### Active ingredients / capsule:

Melatonin - 5 mg

### Administration:

Adults: 1 sublingual tablet in the evening before bedtime.

### Packaging:

blister with 30 sublingual tablets.



VEGETARIAN friendly



VEGETARIAN friendly



## CALMO DEPRESIN

Unique combination of natural active ingredients, the product is a natural calming and relaxing, nervous tonic, beneficial in stable irritability, stress, insomnia, anxiety and depression.

### Actions:

- Contributes to maintaining mental health, the normal functioning of the nervous system, reducing fatigue and exhaustion.
- Helps reduce irritability and induce calm, maintain a natural and quality sleep, maintain emotional balance, optimism and adapt to stress.
- Contributes to relaxation, reduces digestive discomfort and spasms, promotes digestion.

### Beneficial in:

Anxiety, irritability, depression, insomnia, stress, etc.

**Active ingredients / capsule:** Magnesium - 100 mg, L theanine - 50 mg, Valerian Extract - 30 mg, Passion Flower Extract - 25 mg, St. John's wort Extract - 25 mg, Lemon balm Extract - 25 mg, Chamomile Powder - 25 mg, Vitamin B3 - 20 mg, Sage Powder - 10 mg.

**Administration:** 1 capsule pieces.

**Packaging:** bottle with 30 capsules.



## MAGNESIUM 375 + B6 premium

A Magnesium 375 + B6 PF tablet provides the daily requirement of magnesium ions (375 mg per day), indicated during periods of intellectual overwork, nervousness or irritability. It plays an important role in fixing calcium in the bones.

### Actions:

- Helps the normal functioning of the nervous system, supports mental health, reduces the effects of stress.
- Ensures optimal energy metabolism and reduces exhaustion or chronic fatigue.
- Magnesium contributes to the electrolyte balance, the normal functioning of the muscular system, the maintenance of the health of the system and the skeletal system, the process of cell division.
- Contributes to the regulation of heart rate and the maintenance of a healthy cardiovascular system.
- Vitamin B6 helps regulate hormonal activity and the normal formation of red blood cells.
- Reduces nocturnal muscle spasms, cramps, numbness of the hands.

### Beneficial in:

Chronic fatigue syndrome, nervousness, irritability, asthenia, stress, anxiety, concentration disorders, insomnia, headaches, depression, neurosis, etc.

**Active ingredients / tablet:** Magnesium - 375 mg, Vitamin B6 - 5 mg.

**Administration:** 1 tablet per day, after meals.

**Packaging:** bottle with 30 tablets.



# CARDIOVASCULAR



CARDIOVASCULAR







## CARDIO TONIC

NEW FORMULA

### Crataegus monogyna extract

The new Crataegus monogyna-enhanced formula supports heart and circulatory health, reduces the formation of cholesterol deposits in the blood vessels and improves coronary flow.

#### Actions:

- Cardiogenic increases the contraction power of the heart muscle.
- Tones the myocardium and dilates the coronary arteries.
- Prevents cardiovascular diseases. Fluidizes the blood and prevents the appearance of clots and thrombosis.
- Soothes pain in angina pectoris. Reduces bad cholesterol levels.
- Cardiogenic fights stable physical and mental fatigue.
- Cardiogenic helps to streamline neural processes.
- Supports the body's immune system and defense mechanisms.

#### Beneficial in:

Various cardiovascular diseases, heart failure, cardiomyopathy, angina pectoris, myocarditis, heart attack prevention, hypo and hypertension, tachycardia, atherosclerosis, arteritis; heart disorders of nervous origin, oscillating tension; high levels of LDL cholesterol and triglyceride; anxiety, depression, stress, migraines, cerebral congestion.

**Active ingredients / capsule:** Hawthorn (*Crataegus sp*) - hydroethanolic extract from fruits 250 mg, Garlic (*Allium sativum*) - hydroethanolic extract from bulbs - 100 mg, White-white (*Viscum album*) - hydroethanolic extract 10: 1 from leaves - 100 mg, Goose-foot (*Leonurus cardiaca*) - 4: 1 hydroethanolic extract from leaves - 70 mg, Shepherd's purse (*Capsella bursa-pastoris*) - 4: 1 hydroethanolic extract from aerial parts - 25 mg, Hot pepper (*Capsicum annum*) - 4: 1 hydroethanolic extract from fruits - 25 mg, Passion flower (*Passiflora spp.*) - 4: 1 hydroethanolic extract from leaves - 25 mg, Grapes (*Vitis vinifera*) - hydro-acetonic seed extract - 25 mg.

**Administration:** 1 capsule daily, before meals.

**Packaging:** box with 30 vegetable capsules.



VEGETARIAN  
friendly



## VENOTONIC Complex

The most complex natural supplement from plant extracts in optimal concentrations, effective for the normal functioning of the venous and lymphatic circulation.

### Actions:

- Contributes to the normal functioning of the venous and lymphatic circulation.
- Creates the tonicity of the venous walls and venous valves. Protects and stimulates microcirculation and inhibits inflammatory reactions.
- Contributes to lymphatic drainage.
- Supports peripheral circulation, helps eliminate the feeling of "heavy legs".
- Helps protect cells against oxidative stress.

### Beneficial in:

Venous-lymphatic insufficiency, varicose veins, hemorrhoids, varicose ulcers, inflammation of blood vessels, circulatory disorders, capillary fragility, red hands and feet, heavy legs, adjuvant in stroke, endogenous or toxic vascular purpura, retinal hemorrhage, renal hemorrhage, digestive, hemoptysis, bleeding gums, thrombosis, bruising, allergic conditions, infectious diseases with capillary damage.

**Active ingredients / tablet:** Micronized Diosmin - 200 mg, Vitamin C - 150 mg, Wild Chestnut Extract - 100 mg, Citrus Bioflavonoids 50 mg, Tocopherol Blend - 77 mg, of which Natural Vitamin E - 35 mg; Xanthium Spinosum Extract - 75 mg, Hesperidin - 50.4 mg, Quercetin - 26 mg, Rutin - 24.75 mg. Lute Pepper Extract - 10 mg.

**Administration:** 1 tablet per day, during the meal. To reduce hemorrhoids, it is recommended to administer 2 tablets / day.

**Packaging:** bottle with 30/60 tablets.



30 cps

60 cps

## GARLIC *without odour*

Equivalent of 1000 mg

Garlic contains over 200 bioactive ingredients that offer therapeutic benefits, the most important being allicin.

### Actions:

- Ensures the proper functioning of the cardiovascular system.
- Maintains blood pressure, cholesterol and triglycerides at normal levels.
- Improves tone and maintains the integrity of vascular walls.
- Prevents the formation of blood clots and causes peripheral vasodilation.
- Reduces the effects of oxidative stress and helps protect the body against free radicals.
- Together with monoglycerides, it contributes to increasing the body's self-defense capacity.
- It is a liver detoxifier and reduces the accumulation of fat.

### Beneficial in:

Cardiovascular diseases, atherosclerosis, thrombosis, hypertension, hypercholesterolemia, hypertriglyceridemia, diabetes, inflammation, colds, flu, bacterial and viral infections, gastrointestinal disorders, candidiasis, intestinal parasitosis, etc.

### Active ingredient / capsule:

100: 1 superconcentrated extract from deodorized garlic bulbs (*Allium sativum*) - 10 mg, equivalent to 1000 mg fresh bulbs.

### Administration:

1-2 capsules a day, in the morning, before a meal.

### Packaging:

bottle with 30/60 capsules.



VEGETARIAN  
friendly





**COMING  
SOON**

30  
cps30  
cps

## RESVERATROL 200 mg

Vegetable capsules with superior bioavailability; antioxidant action 20 times higher than vitamin C and 50 times greater than a vitamin E. Regulates cholesterol and blood pressure values arterial. Alleviates disorders of heart rate. Delays cellular aging (anti-aging effect).

### Actions:

Offers cardiovascular and brain protection. Supports the integrity and normal function of the myocardium and valves.

Helps reduce platelet aggregation and maintain proper functioning of peripheral circulation.

Maintains normal cholesterol and blood pressure levels.

Regulates lipid metabolism in the liver and destroys excess adipose tissue.

Strong antioxidant, acts against the effects of free radicals throughout the body, delays the natural processes of aging (anti-aging effect) and supports longevity.

It is associated with chemotherapy and radiotherapy.

### Beneficial in:

Cardiovascular diseases (hypertension, angina pectoris), liver diseases (hepatic steatosis, hepatitis, cirrhosis, intoxications), hypercholesterolemia, hypertriglyceridemia, poor peripheral circulation, antitumor therapies, etc.

**Active ingredients / capsule:** *Polygonum cuspidatum* standardized root extract 50:1, with minimum 50% trans-resveratrol - 200 mg.

**Administration:** 1 capsule per day before meals.

**Packing:** box of 30 capsules.

## RESVERATROL 100 mg

Antioxidants are essential in supporting the body's defense system against free radicals. Resveratrol has an antioxidant action 20 times higher than vitamin C and 50 times higher than vitamin E. **Resveratrol Premium 100 mg (98% trans-resveratrol)** is a powerful antioxidant obtained from the plant *Polygonum Cuspidatum* native to Japan, a plant source with a high resveratrol content.

### Actions:

- Provides cardiovascular and brain protection.
- Supports the integrity and normal function of the myocardium and valves.
- Helps reduce platelet aggregation and maintains proper functioning of peripheral circulation.
- Maintains normal cholesterol and blood pressure levels.
- Regulates lipid metabolism in the liver and destroys excess adipose tissue.
- Strong antioxidant, acts against the effects of free radicals throughout the body, delays the natural processes of aging (anti-aging effect) and supports longevity.
- It is associated in chemo and radiotherapy.

### Beneficial in:

Cardiovascular diseases (hypertension, angina pectoris), hypercholesterolemia, hyper-triglyceridemia, liver diseases (hepatic steatosis, hepatitis, cirrhosis, intoxications), poor peripheral circulation, chemo and radiotherapy, etc.

**Active ingredients / capsule:** *Polygonum Cuspidatum* standardized extract 98% trans-resveratrol - 100 mg.

**Administration:** 1 capsule per day before meals.

**Packaging:** bottle with 30 caps.



30  
cps

## NATTOKINAZE SERRAPEPTAZE

REDUCES INFLAMMATION AND PULMONARY FIBROSIS

Nattokinase and Serrapeptase are proteolytic enzymes, the first obtained from traditional Japanese food (Natto), soybeans fermented with *Bacillus subtilis natto*, and the second by controlled fermentation of non-pathogenic strains of the bacterium *Serratia* spp.

Nattokinase helps increase the body's natural ability to fight blood clots by dissolving fibrin by stimulating the natural production of plasmin and other anticoagulants in the body. Due to its ability to stimulate endogenous plasma production, Nattokinase helps reduce fibroids (made up of fibrin) and blood clots.

Serrapeptase also helps to reduce the risk of blood clots forming in the cardiovascular, cerebral, renal, hepatic levels, due to its antithrombotic properties.

Serrapeptase, known for its anti-inflammatory and pain-reducing effects, works synergistically with Nattokinase for increased effectiveness in protecting the circulatory system, reducing inflammation and maintaining normal blood pressure.

### Actions:

- Contributes to maintaining the health of the cardiovascular system.
- Protects vessels from fire.
- Prevents the formation of blood clots and improves blood circulation.
- Maintains normal cholesterol and blood pressure levels.
- Promotes the elimination of mucus in the airways and sinuses.
- Drain fluids accumulated around wounds and help remove scars, bruises and swelling.
- Contributes to amplifying the specific action of antibiotics.

### Beneficial in:

High blood pressure, thrombophlebitis, thrombosis, thrombotic history, uterine fibroids, ovarian cysts, sinusitis, migraines, postoperative trauma, etc.

**Active Ingredients / capsule:** Nattokinase -150 mg (providing 3000UF), Serrapeptase - 30 mg (providing3000US).

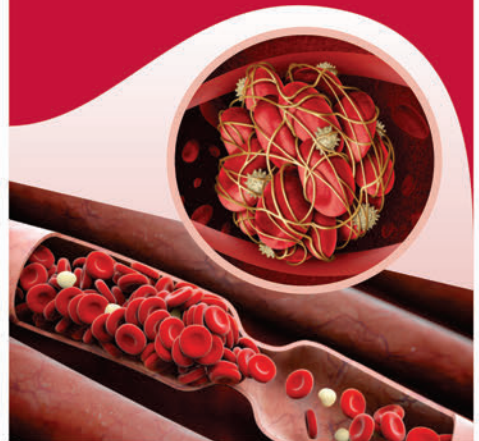
**Administration:** 1 capsule daily, on an empty stomach or as recommended by the specialist.

**Packaging:** bottle with 30 vegetable capsules.



VEGETARIAN  
friendly

- ANTITHROMBOTIC
- ANTI-INFLAMMATORY



# ANTI - CHOLESTEROL

ANTI - CHOLESTEROL



30  
cps

## KRILL OIL 500 mg

### RAPID ABSORPTION

Krill oil is obtained through exclusive FLEXITECH™ technology: ultra-concentrated, ultrafiltered, deodorized and with vanilla flavor.

The process of obtaining Krill Oil by AkerBioMarine is maintained to the highest standards. Krill oil (polar shrimp) is superior to fish oil due to the high concentration of unsaturated essential fatty acids (the new generation of Omega 3) and phospholipids. Astaxanthin (marine bioflavonoid) is a very powerful antioxidant that crosses the blood-brain barrier.

#### Actions:

- Regulates lipid metabolism, is water soluble, easily assimilated and metabolized,
- Protects the cardiovascular system and controls blood pressure.
- Cleanses fat deposits on blood vessels, increases their elasticity and blood flow.
- Reduces the level of LDL cholesterol ("bad" cholesterol) and triglycerides.
- Protects the nervous system from degenerative attacks and the body from premature aging.
- Improves attention, concentration, memory,

reduces the risk of depression.

- DHA helps maintain normal vision and normal brain function. EPA and DEIA contribute to normal function! of the heart.
- Powerful antioxidant, neutralizes free radicals and protects healthy cells.
- Eliminates discomfort, joint and muscle pain. Supports mobility.
- Increases physical performance.

#### Beneficial in:

Cardiovascular diseases, hypercholesterolemia, hypertriglyceridemia, hypertension, atherosclerosis, inflammation, attention deficit, memory disorders, myopia, farsightedness, astigmatism, glaucoma, etc.

#### Active ingredient / capsule:

Krill oil (*Euphausia superba*) - 500 mg, of which Phospholipids - 200 mg, Total Omega 3 - 110 mg, of which EPA (Eicosapentaenoic Acid) - 60 mg, DEIA (Docosahexaenoic Acid) - 27.50 mg, Esterified Astaxanthin - 50 meg.

**Administration:** 1 capsule, after meals.

**Packaging:** bottle with 30 capsules.



## SUPERIOR TO FISH OIL

- Reduces LDL cholesterol and triglyceride levels
- Reduces joint pain



## Mega Omega 3

**One capsule per day: 432 EPA / 288 DHA**

Mega Omega 3 - super concentrated fish oil - contains a high amount of Omega 3 polyunsaturated essential fatty acids of which 288 mg DHA (docosahexaenoic acid) and 432 mg EPA (eicosapentaenoic acid) - recognized for their beneficial effect in cardiovascular diseases, in regulating fat metabolism and brain health.

Mega Omega 3 helps to improve cardiovascular circulation, prevent arrhythmias, regulate cholesterol, triglycerides and high blood pressure.

### **Actions:**

- Protects the heart and blood vessels.
  - EPA and DHA contribute to the normal functioning of the heart and help prevent cardiovascular disease.
  - Optimizes blood pressure and heart rate.
  - Adjuvant in post-infarct recovery.
- Prevents the risk of dementia caused by oxidative stress and the risk of stroke.
- Regulates fat metabolism and lowers "bad" cholesterol (LDL) and triglycerides.

- Contributes to the improvement of memory and cognitive processes.
- The most concentrated fish oil!

### **Beneficial in:**

Cardiovascular diseases, high levels of LDL cholesterol and triglycerides, angina pectoris, arrhythmias, hypertension, coronary heart disease, inflammation, joint pain, bacterial or viral infections, skin conditions (psoriasis, eczema, acne), obesity, low immunity, attention deficit, ADHD, memory or concentration disorders, apathy, depression, vision problems.

### **Active ingredients / capsule:**

EPA (eicosapentaenoic acid) - 432 mg,  
DHA (docosahexaenoic acid) - 288 mg.

### **Administration:**

1 capsule a day during meals..

### **Packing:**

box of 30 soft capsules.



30  
cps

## OMEGA 3 *Fish Oil*

**1005 mg**

Omega 3 fatty acids are indispensable to the human body, but can not be produced by it, so it is indicated the intake through diet / quality food supplements, obtained from superior raw materials.

### Actions:

- Contributes to the regulation of fat metabolism. Lowers cholesterol or triglycerides (cracked HDL "good" cholesterol and lowers LDL "mu" cholesterol).
- Protects the cardiovascular system and controls blood pressure!
- Contributes to the elasticity of the sling vessels and to the proper functioning of blood flow.
- Strengthens the immune system.
- It has an antioxidant and anti-inflammatory effect.
- Improves attention, concentration, memory, reduces the risk of depression.
- EPA and DHA contribute to normal heart function, maintaining normal vision and normal brain function.

### Beneficial in:

Hypercholesterolemia, hypertriglyceridemia, cardiovascular diseases, hypertension, atherosclerosis, inflammatory bowel disease, diabetes, dermatological diseases (eczema, burns, psoriasis, acne), depression, attention deficit, memory disorders, allergies, etc.

**Active ingredients / capsule:** perfume oil 1000 mg; of which EPA (eicosapentaenoic acid) 180 mg and DHA (docosahexaenoic acid) 120 mg, Vitamin E - 5 mg.

**Administration:** 2-3 capsules a day, during the meal. It is recommended to consume 1-2 liters of fluids per day.

**Packaging:** bottle with 30 capsules.

30  
cps

## OMEGA 3 *Salmon Oil*

**1000 mg**

Recent studies have identified both DHA (docosahexaenoic acid) and EPA (eicosapentaenoic acid), Omega 3 graphical acids found in salmon oil, as the most beneficial fatty acids on human health.

### Acțiuni:

- It has a beneficial role in regulating fat metabolism. Lowers cholesterol and triglycerides (creates HDL "good" cholesterol and lowers LDL "bad" cholesterol).
- Protects the cardiovascular system and controls blood pressure.
- Contributes to the elasticity of blood vessels and the proper functioning of blood flow. It has an antithrombotic, antioxidant and anti-inflammatory effect.
- Strengthens the immune system.
- Improves attention, concentration, memory, reduces the risk of depression.
- EPA and DHA contribute to normal heart function, normal vision and normal brain function.

### Beneficial in:

Hypercholesterolemia, hypertriglyceridemia, cardiovascular diseases, hypertension, atherosclerosis, inflammatory bowel disease, diabetes, dermatological diseases (eczema, burns, psoriasis, acne), depression, attention deficit, memory disorders, allergies, etc.

**Ingredients / capsule:** Salmon oil -1000 mg, of which EPA (eicosapentaenoic acid) - 85 mg, DHA (docosahexaenoic acid) - 75 mg.

**Administration:** 2-4 capsules per day during meals. It is recommended to consume 1-2 liters of fluids per day.

**Packaging:** bottle with 30 capsules.





30  
cps

## HEMP *Seed Oil*

### 1000 mg

Cold pressed oil from hulled seeds of Cannabis (Cannabis sativa) grown and processed organically is a rich natural vegetable source of polyunsaturated essential fatty acids Omega 3, 6 and 9. Alpha acids linoleic (Omega 3), linoleic (Omega 6) and oleic (Omega 9) are considered "healthy fats" and are vital to the body, but because it cannot produce them on its own, they must be supplemented with diet or quality nutritional supplements.

#### Actions:

- Contributes to the normal functioning of the cardiovascular system.
- Reduces the level of "bad" cholesterol (LDL) and triglycerides.
- Supports the immune system and has an anti-inflammatory effect.
- It has an antioxidant effect and contributes to the neutralization of free radicals.
- Regulates the metabolic process of glucose in patients with diabetes.
- Helps relieve skin diseases (eczema, acne), sunburn.

#### Beneficial in:

Hypercholesterolemia, hypertriglyceridemia, hypertension, atherosclerosis, diabetes, obesity, inflammatory diseases, dermatological diseases (eczema, burns, psoriasis, acne).

**Active ingredients / 1 capsule:** Cold pressed oil from hulled seeds of Cannabis (Cannabis sativa) grown and processed organically - 1000 mg, of which: alpha linoleic acid (Omega 3) - 130 mg, linoleic acid (Omega 6) - 470 mg and oleic acid (Omega 9) - 50 mg. Does not contain allergens.

**Administration:** 2-3 capsules, after meals.

**Packaging:** bottle with 30 capsules.



# ALL NATURAL COLD PRESSED



30  
cps60  
cps

## OMEGA 3-6-9

*Flaxseed oil 1000 mg*



The formula obtained by cold pressing from certified organic crops, contains the Omega 3-6-9 complex necessary for the body, in optimal ratio.

### Actions:

- Normalizes blood pressure levels and protects the cardiovascular system.
- Helps lower "bad" LDL cholesterol and triglycerides.
- Cleans the fat deposits on the blood vessels and contributes to the burning of excess fat.
- It has an antioxidant and anti-inflammatory effect.
- Precious source of fiber, normalizes intestinal transit.
- Helps relieve skin diseases such as eczema, acne, sunburn.
- Contributes to the neutralization of free radicals.

### Beneficial in:

Hypercholesterolemia, hypertriglyceridemia, hypertension, atherosclerosis, diabetes, obesity, constipation, inflammatory bowel disease, dermatological diseases (eczema, burns, psoriasis, acne), etc.

**Active ingredients / capsule:** Flaxseed oil (*Linum usitatissimum*) - 1000 mg, containing: Alpha-Linoleic Acid (Omega 3) - 500 mg, Linoleic Acid (Omega 6) - 150 mg, Oleic Acid (Omega 9) - 120 mg.

**Administration:** 1 capsule daily, after meals.

**Packaging:** bottle with 30/60 capsules.

- *2x more omega 3-6-9 unsaturated fatty acids.*
- *Keeps in normal parameters LDL cholesterol, triglycerides.*
- *It regulates blood pressure and heart rate.*



# AMINOACIDS



AMINOACIDS





## L-CARNITINE

1000 mg

L-Carnitine is an amino acid specialized in lipid metabolism, turning fats and adipose tissue deposits into energy.

It increases by up to 70% the amount of fat metabolized by the human body. Associated with sustained physical exertion, L-Carnitine fights excess weight.

### Actions:

- Burns fat by turning it into energy in muscle cells and myocardium.
- Contributes to weight loss by reducing fat mass.
- Creates physical performance, helps increase muscle mass, endurance and reduces muscle fever.
- Strengthens and protects the cardiovascular system. Reduces the level of "bad" LDL cholesterol and triglycerides.
- It has an antioxidant role, protects the liver and peripheral nerves.
- Stimulates metabolic processes, energy and fertility.

### Beneficial in:

Weight loss, obesity, hypercholesterolemia, hypertriglyceridemia, liver disease: hepatic steatosis, cirrhosis, sustained physical exertion, muscular dystrophies; male infertility etc.

**Active ingredients / tablet:** L-Carnitine tartrate 745 mg, providing L-Carnitine (tartrate) - 500 mg.

**Administration:** 1-2 tablets a day, after meals, but 30 minutes before physical activity.

**Packaging:** bottle with 30 tablets.



## L-ARGININE

1000 mg

Arginine is an amino acid necessary for the synthesis of proteins in the body, with a detoxifying and hepatic protective role, which helps to eliminate ammonia.

### Actions:

- Build muscle mass and decrease body fat! (anabolic effect).
- Stimulates testosterone production, boosts erection, spermatogenesis and sexual performance.
- Stimulates immunity, growth hormone and insulin synthesis.
- Ensures efficient transport of nutrients and oxygen.
- Increases physical strength and muscle tone.
- Precursor of nitric oxide, produces vasodilation, maintains blood pressure! normal !, create oxygenation of the heart muscle, diminish! the risk of blood clots forming and improves peripheral circulation.
- Stimulates! immunity, growth hormone and insulin synthesis.

### Beneficial in:

Erectile dysfunction, infertility, Improving sports performance, muscle fever, angina pectoris, hypertension, thrombosis, hepatic steatosis, alcoholic cirrhosis, hepatitis, etc.

### Active ingredient / tablet:

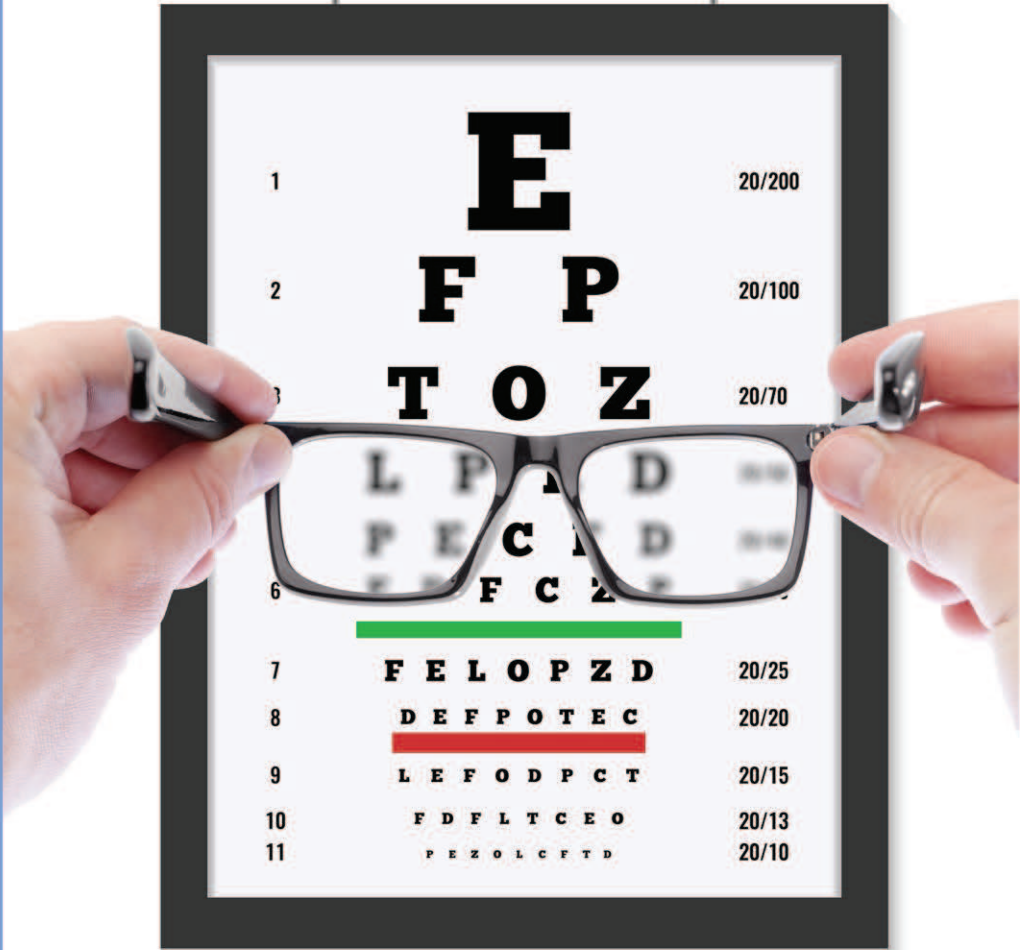
L-Arginine-1000mg.

**Administration:** 1 tablet per day, after meals.

**Packaging:** bottle with 30/60 tablets.



# VISUAL





**Softgel capsules**

## MAX VISION

**50 mg Lutein/2 mg Zeaxanthin**

Lutein and zeaxanthin are natural carotenoids and antioxidants. They are found in high concentration in the eye tissue and have a protective role against the harmful effects of oxidative stress on the eyes, but at the same time keep the heart healthy, reduce the risk of atherosclerosis and play an important role in combating complications. occurs with the onset of diabetes (diabetic retinopathy).

### Actions:

- Protects the lens, retina and macula against free radicals and UV rays.
- Improve eye circulation and maintain healthy vision.
- Effectively protects the retina, prevents the appearance of cataracts and macular and vitreous degeneration.
- Neutralizes free radicals and protects against oxidative stress.
- Contributes to increased visual acuity at night.

### Beneficial in:

Degenerative diseases of the eyes, protection of the eyes from stressors, respectively computer, telephone, television, artificial light, etc.

### Active ingredients / capsule:

Tagetes Extract (*Tagetes erecta*) in oily suspension of Safflower (*Carthamus tinctorius*) with minimum 40 mg of Lutein and 2 mg of Zeaxanthin - 200 mg.

### Administration:

1 capsule daily, during meals.

### Packaging:

bottle with 30/60 capsules.

## Recommended in:

- Tired eyes, red, irritated, dry eyes;
- Cataract;
- Ocular arteriosclerosis;
- Macular degeneration;
- Hypermetropia;
- Myopia;
- Astigmatism;
- Glaucoma;
- Retinitis pigmentosa;
- Brain tumors - reduces the risk of vision loss.



**goodremedy**  
by COSMO PHARM®



# OSTEOARTICULAR



OSTEOARTICULAR





## CURCUMIN 95% +PIPERINE

What is better than the most powerful natural anti-inflammatory?

**Curcumin C3 Complex + Piperine 95%, the most studied extract, with excellent absorption rate.**

**Curcumin** (turmeric or "golden spice") is a plant native to Asia and Central America. CURCUMIN C3 Extract contains polyphenols with anti-inflammatory, antioxidant, antibacterial and anti-fungal role.

PI PERI NE 95% stimulates the absorption of curcumin in the body up to 20 times, substantially increasing the effectiveness of curcumin.

#### Actions:

- It has strong antioxidant, anti-inflammatory and anti-cancer properties.
- Effective in neutralizing free radicals, which determine the aging process and disease.
- Helps reduce inflammation in the body.
- Contributes to the restoration of affected tissues.
- Acts successfully in preventing and ameliorating osteoarticular diseases.
- Contributes to the stimulation of the recovery processes of the connective tissue and of the synovial fluid.
- Supports the immune system.
- It has an antimicrobial, antiparasitic and antifungal effect.
- Fight allergies.
- Helps maintain healthy skin.
- Supports healthy digestion and supports nutrient absorption.
- Helps control body weight.
- Supports and vitalizes the functions of the nervous system.
- Delays degenerative processes.
- Increases the level of serotonin and dopamine,

neurotransmitters responsible for good mental health.

- It has neuroprotective action and fights memory deficit.
  - Supports heart function.
  - Contributes to maintaining the health of the upper respiratory tract.
- Helps maintain liver health and prevents fat accumulation.

#### Beneficial in:

Indicated in heart, metabolic, degenerative, tumor diseases, slowing down the aging and disease process, prolonging the duration and quality of life, prevention and amelioration of chronic rheumatic diseases, pain and discomfort in the affected joints (joint diseases), rheumatism joint and other arthritic diseases, various digestive (gastrointestinal) diseases, cardiovascular diseases, tumor diseases, inducing various forms of cancer (breast, prostate, etc.), liver, lung, kidney, skin, Alzheimer's, Parkinson's other chronic diseases, inflammatory in nature, rheumatism, rheumatoid arthritis, osteoarthritis, spondylitis, atherosclerosis, liver disease, gastritis, irritable bowel syndrome, ulcerative colitis, allergies.

**Active ingredients / 1 vegetable capsule (670 mg):** Curcumin C3 Turmeric Complex / Curcuma longa - standardized extract 95% curcuminoids - 400 mg; Black pepper / *Piper Nigrum* standardized extract 95% piperine - 5 mg.

**Administration:** Adults: 1 capsule daily, with meals.

**Packaging:** box of 30 vegetable capsules.







## ARTROFORTE®

Natural complex of **standardized extracts for joint health**. The anti-inflammatory and analgesic actions of **ARTROFORTE®** on all joint areas are devoid of the specific anti-inflammatory side effects of synthesis.

### Actions:

- Contributes to the reduction of inflammatory processes and pain in the osteoarticular system.
- Stimulates the synthesis of glycosaminoglycans, substances that ensure the integrity of the joint, membrane and synovial fluid.
- Helps maintain synovial fluid viscosity and lubricate joints.
- Beneficial in motor recovery after traumas and surgical interventions, as well as in increased wear (demanding physical work, obesity).
- Improved mobility and joint strength.

### Beneficial in:

Degeneration and joint inflammation: arthritis, rheumatoid arthritis, rheumatism, osteoarthritis, spondylosis, osteoporosis, situations of marked wear (the elderly, demanding physical activities).

### Active ingredients / capsule:

Glucosamine Sulfate 2 KCl 250 mg, shark cartilage - 50 mg, mucopolysaccharides - 50 mg, bromelain 600 GDU - 50 mg, sea cucumber powder (*Holothuroidea sp.*) - 50 mg, 4: 1 extract of Matte Bark (*Uncaria tomentosa*) - 100 mg, 4: 1 extract of the aerial parts of the larva (*Tanacetum parthenium*) - 50 mg, 6: 1 extract of *Boswellia serrata* refine - 50 mg, 4: 1 extract of willow bark alba (*Salix alba*) - 25 mg.

**Administration:** 1-2 capsules a day, after meals.

**Packaging:** box with 30 capsules.



## ULTRASTRENGTH ARTROFORTE® Cream

**ArtroForte® Cream** is a **unique American formula with 10 active ingredients** that acts quickly to be effective against osteo-articular, muscular and rheumatic.

### Actions:

- Strong anti-inflammatory and natural revulsive with local action, intense and lasting.
- Acts by reducing pain, inflammation and joint dysfunction.
- Maintains the viscosity of the synovial fluid, lubricates and nourishes the joints, improving their mobility and resistance.
- For maximum effect, it is recommended to combine with ArtroForte® capsules.

### Beneficial in:

Degeneration and joint inflammation: arthritis, rheumatoid arthritis, rheumatism, arthrosis, spondylosis, bruising, sprains, trauma, back pain, damaged joints, etc.

### Active ingredients :

Menthol 2%, *Aloe Barbadosis* Leaf Gel (Aloe Vera Gel), *Boswellia Serrata* Extract, Camphor, *Eucalyptus Globulus* Oil, Glucosamine Sulfate, Flaxseed Oil (*Linum Usitatissimum*), Methyl Salicylate, Methylsulfonylmethane (MSM), Willow bark extract (*Salix Alba*).

**How to apply:** apply ArtroForte® Cream 2-3 times a day, directly on the affected area no more than four times a day. Do not apply cream on open wounds or damaged skin.

**Packaging:** cream 100 ml.



90  
cps30  
cps

## ANTIARTRITIC®

Natural complex with anti-inflammatory and analgesic actions without the specific side effects of synthetic anti-inflammatory drugs. Shark cartilage, rich in chondroitin and glucosamine, helps rebuild cartilage and increases joint mobility.

### Actions:

- Contributes to the restoration of affected joint and intervertebral structures.
- Reduces discomfort and supports joint mobility in: joint inflammation, decalcified, marked wear.
- Stimulates the synthesis of glycosaminoglycans, substances that ensure the integrity of the joint, membrane and synovial fluid.
- Due to its anti-inflammatory and analgesic properties, it reduces pain, discomfort and dysfunction in trauma and marked wear.
- Calcium, Vit.C and Vit.D3 contribute to maintaining healthy bone systems.

### Beneficial in:

Degeneration and joint inflammation (arthritis, osteo-rheumatoid arthritis, rheumatism, polyarthrosis, spondylosis, senile osteoporosis), decalcified hypocalcemia, situations of marked wear (old age, demanding physical activities), etc.

**Active ingredients / capsule:** glucose sulphate capsule - 250 mg, Calcium - 100 mg, shark cartilage 62.5 mg, hydrolyzed gelatin 62.5 mg, Manganese - 6.25 mg, Curcumin - 25 mg, Vitamin C - 20 mg, Vitamin D3 - 1.25 mg.

**Administration:** 1-2 capsules daily after meals.

**Packaging:** bottle with 30 capsules.

30  
cps

## BOSWELLIA 500 MG

Boswellia is one of the best natural sources for boswellic acid with an anti-inflammatory role, thus it has been included as an adjuvant in the relief of inflammation and pain in osteoarthritis, rheumatoid arthritis, bursitis, tendinitis and other inflammatory problems of the joint system.

### Actions:

- Reduces general arthritis pain.
- Decreases the intensity of joint pain.
- Helps prevent cartilage and joint tissue damage.
- Treatment of symptoms of inflammatory bowel disease, ulcerative colitis and Crohn's disease.
- Reduces the number of asthma attacks.
- Keeps the urinary tract and gall bladder free of deposits of mineral salts,
- Maintains intracranial cell proliferation within normal limits.

### Beneficial in:

Lorem ipsum dolor sit amet, consectetur adipiscing elit, sed diam nonummy nibh euismod tincidunt ut laoreet dolore magna aliquam erat volutpat. Ut wisi enim ad minim veniam, quis

### Active ingredients / capsule:

Lorem ipsum dolor sit amet, consectetur adipiscing elit, sed diam nonummy nibh euismod tincidunt ut laoreet dolore magna aliquam erat volutpat. Ut wisi enim ad minim veniam, quis

**Administration:** 1-2 capsules daily after meals.

**Packaging:** blister with 30 capsules.





## COLLAGEN<sup>+</sup>

500 mg Colpropur® D Quick

**COLPROPUR® D QUICK** hydrolyzed collagen peptides, pure, with a high degree of absorption in the body, designed to be a nutritional aid that contributes naturally and effectively to maintaining the health of joints, bones, muscles, gums, skin, hair and nails.

### Actions:

- It contributes to the lubrication and mobility of the joints,
- Supports the structure of connective tissues.
- It maintains the energy, vitality and health of teeth, gums, bones, hair, skin and nails.
- Strong antioxidant effect.

### Beneficial in:

Joint or tendon pain and stiffness; post physical recovery: training, surgery or cosmetic interventions. dry skin, wrinkles, scars.

### Active ingredient / tablet:

Colpropur® D Quick - 500 mg, Hyaluronic acid - 50 mg, Vitamin C - 40 mg, Vitamin E - 6 mg, Zinc 5 mg, Copper - 0.5 mg

**Administration:** 2 capsules per day.

**Packaging:** blister with 30 capsules.



## HYALURONIC ACID

200 mg

Hyaluronic acid is a component that we find naturally in the bone cartilage, joints and skin, where it functions as a lubricant for tissues and plays an important role in modulating the interactions between adjacent tissues.

### Actions:

- It helps to lubricate and reconstruct damaged joints, tendons and ligaments.
- Strengthens the bone system, accelerates recovery after accidents;
- Moisturizes dry skin, reduces the appearance of fine lines and wrinkles;
- Accelerates wound healing.

### Beneficial in:

Pain and stiffness of joints or tendons; post physical recovery: training, surgical intervention or cosmetic interventions; dry skin, wrinkles, scars.

### Active ingredient / tablet:

Hyaluronic acid - 200 mg

**Administration:** 1-2 vegetable capsules/day.

**Packaging:** blister with 30 capsules.



STRENGTHENS



PROTECTS



LUBRICATES



ELIMINATES PAIN



REGENERATES



# HYDRAFLEX® COLLAGEN COMPLEX



30 cps

**Collavant® n2-Native undenatured collagen type II from chicken:** supports the regeneration of joint cartilage, contributes to the normal functioning, mobility and comfort of the joints. It helps the skin to maintain its firmness and elasticity.

**Glucosamine sulfate 2KI:** contributes to maintaining the flexibility and mobility of the joints. It maintains the health of connective tissues and strong joints.

**MSM (Methylsulfonylmethane):** acts as a natural source of sulfur and is important for the creation of collagen and the correct formation of cartilage and bone tissue. It helps to maintain the good functioning of the joints, tendons and ligaments. Supports skin health.

**Chondroitin sulfate:** contributes to maintaining the mobility and flexibility of the joints. Chondroitin, together with Glucosamine, helps support healthy joints.

**Hyaluronic Acid:** contributes to the mobility, flexibility and lubrication of the joints. It helps to maintain the health of the skin, offering elasticity, hydration and brightness.

**Vitamin C:** contributes to the normal formation of collagen, being necessary for maintaining healthy bones, teeth, cartilage, gums and skin. It acts against free radicals that accelerate aging, contributes to the absorption of iron from food, reduces fatigue, being necessary for energy metabolism.

## Actions: \_\_\_\_\_

- It regenerates the cartilage, tendons and ligaments.
- Ensures the lubrication of the joints.
- Restores mobility and flexibility.
- Maintains the health of the connective tissues.
- It supports the health of the skin, heals wounds, scars and reduces the signs of aging.
- Increases bone density.

## Beneficial in: \_\_\_\_\_

Joint degeneration and inflammation: arthritis, rheumatoid polyarthritis, rheumatism, arthrosis, spondylosis, osteoporosis, situations of marked wear and tear (advanced age, demanding physical activities).

## Active ingredient / tablet:

Glucosamine sulfate 2KCl - 350 mg, MSM (Methylsulfonylmethane)- 250 mg, Chondroitin sulfate - 150 mg, Collavant® n2-Native undenatured collagen type II - 40 mg, Hyaluronic acid - 23.75 mg, Vitamin C - 20 mg.

**Administration:** 1 capsule per day.

**Packaging:** bottle with 30 tablets.





60  
tb

30  
tb

## MSM 1000 mg

**MSM** (methylsulfonylmethane) is a natural source of biologically active sulfur that helps reduce joint pain and inflammation. Stimulates collagen production and helps restore joint flexibility.

### Actions:

- Improved joint structure; created the mobility and functionality of the joint.
- Provides lubrication.
- Reduces osteoarticular and muscular discomfort.
- Repairs the structure and composition of the affected cartilage.
- Reduces discomfort and dysfunction in trauma and marked wear.
- May be associated with specific medication without side effects.
- Blocks histamine receptors.
- It is a liver detoxifier (sulfur is a component of glutathione).

### Beneficial in:

Rheumatoid arthritis, osteoarthritis, cervical spondylosis, fibromyalgia, carpal tunnel syndrome, tendinitis, bursitis, torticollis, Crohn's disease, diverticulosis, allergies, detoxification, etc.

### Active ingredient / tablet:

Methylsulfonylmethane (MSM) -1000 mg.

**Administration:** 1-2 tablets per day.

**Packaging:** bottle with 30/60 tablets.



90  
cps

30  
cps

## LIQUID CALCIUM Ca Mg K1 D3

High quality mineral cocktail that successfully combines Ca, Mg, Vitamin K 1 and Vitamin D3. All this acts synergistically for optimal bioabsorption and the creation of an effective nutritional support to support the health of the human body.

### Actions:

- Contributes to maintaining the health of the osteoarticular, muscular, cardiovascular system and the process of cell division.
- Contributes to maintaining mental health and the nervous system.
- Helps maintain the body's electrolyte balance.
- Helps prevent bone loss.
- It has an important role in the blood clotting process and in cell permeability.
- Efficient in the normal functioning of digestive enzymes, in protein synthesis and elimination of acidic residues.
- Ensures optimal energy metabolism, supports intellectual effort and reduces fatigue or chronic fatigue.

### Beneficial in:

Calcium deficiencies, decalcified, hypocalcemia, spasmodophilia, rickets, osteoporosis, caries, absorption deficit, electrolyte imbalances, coagulation disorders, immune system support, palpitations, insomnia, etc.

### Active ingredient / capsule:

Calcium - 333 mg, Magnesium - 133 mg, Vitamin K 1 - 75 meg, Vitamin D3 - 200 UI / 5mcg.

**Administrare:** 1-2 capsules a day, after meals.

**Packaging:** bottle with 30 capsules.



90  
cpr

30  
cpr



## CAL-MAG-ZINC

**Calcium** is an essential element in the formation and support of the osteoarticular, muscular, cardiovascular and nervous systems. **Magnesium** helps regulate heart rate and the proper functioning of the nervous system. **Zinc** supports the optimal functioning of the immune system, contributes to the creation of new cells and stimulates collagen production.

### Actions:

- Contributes to the formation of strong bones and their maintenance in optimal condition.
- Maintains the body's mineral balance and prevents loss of bone density.
- It has an important role in the blood clotting process and in cell permeability.
- It is efficient in the normal functioning of digestive enzymes, in the synthesis of proteins and the elimination of acidic residues.
- Calcium, magnesium and zinc contribute to maintaining the health of the bone system and the process of cell division.
- Magnesium helps the normal functioning of the nervous system, supports mental health, reduces fatigue, the effects of stress and fixes calcium in the bones.
- Zinc contributes to the normal functioning of the immune system, to the maintenance of the health of the skin, hair and nails, the protection of the cells against oxidative stress.

### Beneficial in:

Mineral deficiencies in bones and tissues, decalcification, hypocalcemia, spasmophilia, rickets, osteoporosis, caries, absorption deficit, electrolyte imbalances, clotting disorders, immune system support, hair loss, etc.

**Active ingredients / film-coated tablet:** Calcium - 333.4 mg, Magnesium - 133.4 mg, Zinc - 5 mg.

**Administration:** 1 tablet per day, after meals.

**Packaging:** bottle of 30 film-coated tablets.

90  
cpr



## CALCIUM + D3 Vitamin

The recommended daily dose of calcium differs depending on age, but also on certain features or changes in the physiological evolution of each person. Vitamin D3 increases the degree of calcium absorption in the body and supports the immune system.

### Actions:

- Calcium is essential for bone and tooth health. It intervenes in the process of contraction - muscle relaxation, but also in the transmission of nerve impulses.
- Contributes to blood clotting, the proper functioning of the muscular, cardiovascular and nervous systems.
- Vitamin D3 helps strengthen immunity, create calcium absorption and fixation in the bones.
- Supports the harmonious development of the osteoarticular system when absorption is insufficient or the need is increased (childhood, adolescence, athletes, pregnancy and lactation).
- Helps to compensate for losses after weight loss diets, laxatives, diuretics. Reduces the effects of allergies.

### Beneficial in:

Calcium deficiencies, decalcified, hypocalcemia, spasmophilia, rickets, osteoporosis, caries, absorption deficiency, clotting disorders, immune system support, etc.

**Active ingredients / film-coated tablet:** Calcium - 500 mg, vitamin D3 - 125 UI.

**Administration:** Adults: 1 film-coated tablet / day after meals.

**Packaging:** bottle of 30 film-coated tablets.



## ARTROFORTE® + ARTROFORTE cream®

Internal and topical administration.  
Anti-inflammatory and analgesic effect, acts quickly  
and effective against osteoarticular, muscular and rheumatic pains.



### CAL-MAG-ZINC

Essential  
association for  
efficient absorption  
and proper  
functioning of the  
osteoarticular,  
muscular,  
cardiovascular and  
nervous systems.

### CALCIUM + Vitamin D3

Vitamin D3  
increase the degree  
absorption a  
calcium in the body  
and supports the  
immune system.

### MSM

*Energy for  
movement!*  
Reduces pain,  
increases joint  
mobility.

### HYALURONIC ACID

Contributes to the  
recovery of the  
synovial fluid  
essential in  
joint mobility.

### LIQUID CALCIUM + Ca Mg K2 D3

Association  
essential for  
efficient absorption  
of calcium without  
the risk of  
abnormal deposition.

### ANTIARTTRIC®

Rich in chondroitin  
and glucosamine,  
it helps rebuild  
cartilage and increases  
joint mobility.



# GASTROINTESTINAL



GASTROINTESTINAL







## HERBOLAX®

NEW FORMULA

### Natural Laxative

It is obtained from a unique mixture of fruit and legume powders, which helps the proper functioning of the intestinal transit and the fight against occasional constipation, which cannot be treated with a proper diet.

#### Actions:

- Stimulates intestinal motility!
- Eliminates the contents of the digestive tract.
- It is useful in temporary transit obstructions.
- Detoxifies and eliminates toxins.

#### Beneficial in:

Constipation, temporary transit obstruction, hemorrhoids, anal fissures, pre and postoperative, etc.

#### Active ingredients / tablet:

15:1 extract from Senna leaves, standardized to min. 10% (24 mg) sennosides – 240 mg; fructooligosaccharides - 50 mg; plum juice powder - 50 mg; Tamarind seed powder – 25 mg; apple fruit powder – 25 mg; plum fruit powder – 25 mg; Fig fruit powder – 25 mg; Date fruit powder - 10 mg; powder from the aerial parts of Bluebells – 10 mg.

#### Administration:

Adults 1-2 tablets at bedtime, occasionally, no more than 7 consecutive days. Consume 1-2 liters of fluids per day.

**Packaging:** blister with 30 vegetable capsule.



## HERBOLAX®

with BUCKTHORNE

The added ingredient, Buckthorn, can dramatically improve digestion by normalizing the output of gastric acid, lubricating the bowel and reducing inflammation, as well as rapidly heal damaged stomach membrane.

#### Actions:

- Stimulates intestinal motility!
- Eliminates the contents of the digestive tract.
- It is useful in temporary transit obstructions.
- Detoxifies and eliminates toxins.

#### Beneficial in:

Constipation, temporary transit obstruction, hemorrhoids, anal fissures, pre and postoperative, etc.

#### Active ingredients / tablet:

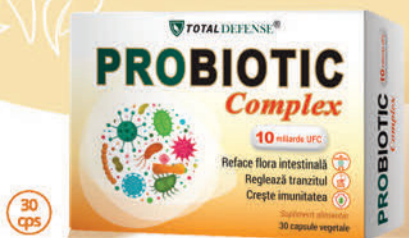
15:1 extract of Senn leaves, with 10% sennosides – 240 mg; Gooseberry bark extract, with 20% glucofrangulin – 50 mg; fructooligosaccharides / FOS – 50 mg; plum juice powder - 50 mg; Tamarind seed powder – 25 mg; apple fruit powder – 25 mg; Date fruit powder - 10 mg; St. John's wort aerial parts powder – 10 mg.

#### Administration:

Adults 1-2 tablets at bedtime, occasionally, no more than 7 consecutive days. Consume 1-2 liters of fluids per day.

**Packaging:** blister with 30 vegetable capsule.





## PROBIOTIC *Complex*

10 billions UFC



Restores the  
intestinal flora



Regulates the  
bowl transit



Creates immunity

The balance of the intestinal flora is essential for maintaining the health of the human body.

### **Actions:**

- Contributes to the recovery of the intestinal flora affected by an inadequate diet and antibiotic treatment,
- Supports a healthy immune system.
- Protects the body against frequent and recurrent infections.
- Regulates intestinal transit.
- Reduces allergic inflammatory reactions.
- Helps prevent intestinal tract infections.
- Reduces unpleasant manifestations (bloating, heartburn, abdominal discomfort).
- Helps remove unpleasant mouth odor.
- Helps in urogenital infections and those caused by H. pylori.

### **Beneficial in:**

Diarrhea / constipation, irritable bowel syndrome, flatulence, food intolerance, increased body immunity, treatment with antibiotics, enterocolitis, etc.

**Ingredients / capsule:** : *Lactobacillus acidophilus* 1x10<sup>11</sup> CFU/g - 82.50 mg, *Lactobacillus casei* 1x10<sup>11</sup> CFU/g - 20 mg, *Lactobacillus salivarius* 1x10<sup>11</sup> CFU/g - 10 mg, *Lactobacillus plantarum* 1x10<sup>11</sup> CFU/g - 10 mg, *Bifidobacterium lactis* 1x10<sup>11</sup> CFU/g - 9 mg.

### **Administration:**

Children: 1 capsule a day before meals (the contents of the capsule can be mixed with milk, tea or water). Adults: 1 capsule a day before meals. It can be combined with antibiotics, two hours before or after the first dose.

### **Packaging:**

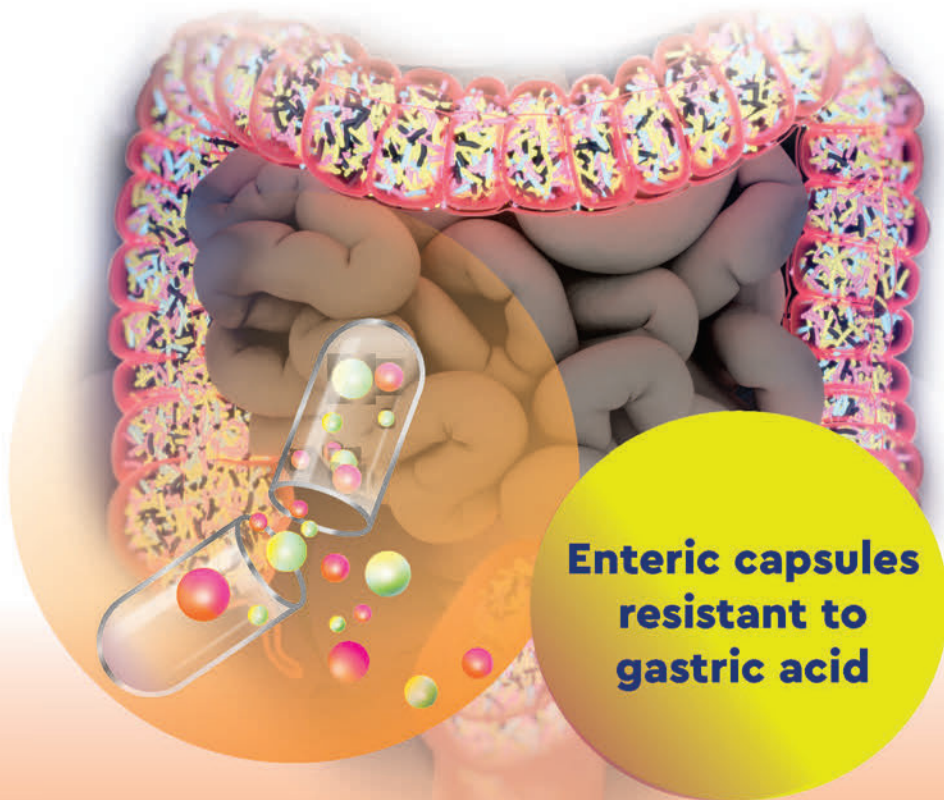
box with 30 enteric coated capsules.



# PROBIOTIC *Complex*

**10** billions UFC

Bifidobacterium  
Lactobacillus



**Enteric capsules  
resistant to  
gastric acid**

**It associates with antibiotics**

**Reduces harmful bacteria  
and restores the protective intestinal flora**

**Stimulates digestion and regulates bowl transit**



## DIABESTOP®

The unique formula of beneficial substances that helps lower high blood sugar levels, reduces the incidence of diabetes complications and supports the fight against excess weight. *Gymnema sylvestre*, also called "sugar destroyer", creates insulin secretion and restores cells in the "Langerhans Islands". Bitter cucumber called "vegetable insulin" has strong hypoglycemic effects.

### Actions:

- Contributes to the normalization of blood glucose and the regeneration of pancreatic cells.
- Improves the exocrine and endocrine secretion function of the pancreas.
- It acts intracellularly, at the level of cellular mitochondria, where it transforms carbohydrates into energy.
- Protects the cardiovascular system.
- Reduces cholesterol and lowers triglycerides.
- Supports the elasticity of the vascular walls and restores the sensitivity of the affected nerves.
- Reduces the craving for sweets and contributes to weight loss.

### Beneficial in:

Diabetes and its complications: neurological (neuropathy), vascular (arteritis, atherosclerosis, hypertension, thrombosis, retinopathy), renal (renal failure), obesity, pancreatitis, etc.

**Active ingredient / capsule:** Bitter Cucumber Extract (*Momordica charantia*) - 125 mg, *Gymnema sylvestre* extract - 125 mg, Cinnamon Powder (*Cinnamomum cassia*) - 50 mg, Alpha Lipoic Acid - 62.5 mg, Magnesium 50 mg, Zinc - 5 mg, Manganese - 1 mg, Chromium - 20 meg.

**Administration:** 1-2 capsules per day.

**Packaging:** bottle with 30 capsules.

**Precautions:** It is recommended to monitor blood glucose and adjust treatment in patients with diabetes.



## MOMORDICA 500 mg

Abundant pre-clinical studies have documented the anti-diabetic and hypoglycaemic effects of *Momordica charantia*. Apart from its potential antibacterial and antiviral activities, bitter melon extracts are also effective against pain and inflammation, psoriasis, dyslipidemia, and hypertension.

### Actions:

- It is a natural source of vegetable insulin, it has the property of balancing the level of sugar in the blood, lowering high values to normal.
- Protects the heart and stabilizes blood pressure.
- It strengthens the immune system against the attacks of bacteria and viruses.
- Improves vision due to its high content of beta-carotene.
- Prevents spots and wrinkles on the face due to the high vitamin content.

### Beneficial in:

Digestive disorders, diabetes and its complications, liver diseases, hypertension, kidney stones, psoriasis.

### Active ingredient / tablet:

Standardized extract of Bitter Melon/Cucumber fruits (*Momordica charantia*), containing at least 5% saponins - 500 mg.

**Administration:** 2 vegetable capsules/day.

**Packaging:** blister with 30 vegetable capsules.



# DETOXIFICATION



DETOXIFICATION



30  
cps

## LIMFANOX DRENAJ DETOX®

Specially formulated for the health of the lymphatic system

Limfanox Drenaj Detox is a natural food supplement that stimulates lymphatic drainage and unblocks the lymph nodes. Standardized herbal extracts make this nutritional supplement accelerate lymph circulation and naturally detoxify the body.

People suffering from high levels of stress, fatigue, poor memory, those with poor nutrition, overweight and metabolic disorders, in chronic digestive and seizure disorders, in diabetes; in case of thrombus formation, in diseases of the cardiovascular system; in case of a weakened immune system (flu, colds, respiratory tract problems); skin inflammations; in severe autoimmune and oncological diseases; pain, numbness, stiffness of the limbs.

### Actions:

- Improves lymph drainage function in all organs.
- Sustains the elimination of toxins and waste products from the body.
- The herbal extracts contain powerful antioxidants that eliminate free radicals.
- Contributes to the distribution of nutrients and white blood cells (immune system cells that protect the body from infectious diseases).
- Supports renal water elimination.
- Eliminates the feeling of heavy legs and fatigue.
- Stimulates venous and lymphatic circulation
- Maintains normal blood pressure and the elasticity of blood vessels.
- Regulates the level of 'good' cholesterol in the blood.

### Beneficial in:

Maintaining healthy venous and lymphatic circulation, lymphatic insufficiency, lymph congestion (including lymphadenitis, lymphangitis and lymphadenopathy) and lymph node infection, post-operative lymphoedema, plastic and reconstructive surgery, cancer therapy, post-mastectomy, Post-traumatic oedema: contusions, swelling and hematomas, post-operative scabs, deep burns, Recurrent/chronic infections, urogenital tract disorders, renal disorders, elimination of fluid retention from the body, heavy legs, water retention, edematous cellulitis.

### Active ingredients / capsule:

Greater burdock/*Arctium lappa* (10:1 root extract); Yellow sweet clover / *Melilotus officinalis* (4:1 extract of aerial parts); Dandelion / *Taraxacum officinale* (4:1 root extract); Red clover/*Trifolium pratense* (extract from flowers); standardized to 8% isoflavones; Sarsaparilla / *Smilax officinalis* (4:1 root extract); Cleavers / *Galium aparine* (4:1 extract of aerial parts); Common nettle / *Urtica dioica* (4:1 extract from leaves); Curly Dock / *Rumex crispus* (4:1 extract from leaves).

**Does not contain:** dyes, preservatives, artificial flavors, sugar, sodium, gluten/wheat, shellfish/fish, eggs, peanuts/nuts, soy.

**Administration:** Adults: 1 capsule daily with a glass of water at mealtime. Natural product compatible with drug therapy and lymphatic drainage (manual, massage lymphatic drainage, pressotherapy).

**Packaging:** box with 30 vegetable capsules.



VEGETARIAN  
friendly

30  
cps

## RESPIROX PULMONAR **DETOX**<sup>®</sup>

The lungs are directly affected by harmful environmental factors: smoking or passive smoking, pollution, chemical, bacteria and viruses can cause damage to the airways and threaten the lungs' ability to regenerate and function properly. Respirox Pulmonary Detox contains 12 herbal extracts, essential for protecting, detoxifying and regenerating the respiratory system.

### Actions:

- Protects the health of the airways and lungs;
- Reduces lung inflammation;
- Has immune modulating properties;
- Prevents cell damage and lung injury;
- Reduces fluid accumulation in the lungs;
- Helps soothe irritative and/or productive cough;
- Relieves chest congestion;
- Reduces the severity and duration of respiratory infections;
- Helps rapid recovery and regeneration of the lungs following damage caused by viruses and bacteria;
- Helps prevent decline in lung function in people with asthma;
- Relieves symptoms of respiratory conditions such as asthma and COPD;
- Helps protect lungs from damage caused by smoking, both active and passive, and other environmental pollutants.

### Beneficial in:

The food supplement Respirox Pulmonary Detox is indicated in: cleaning the airways and lungs, lung

recovery after respiratory viroids, lung infections with viruses and bacteria, pneumonia, chronic bronchitis, chronic obstructive pulmonary disease, asthma, chest congestion, allergies, active smoking, passive smoking, noxious substances, pollution.

### Active ingredients / capsule:

Great mullein/*Verbascum thapsus* (4:1 extract of Leaves) - 75 mg; Lungwort / *Pulmonaria officinalis* (4:1 extract of aerial parts) - 75 mg; Plantain / *Plantago lanceolata* (4:1 extract from leaves) - 50 mg; Licorice / *Glycyrrhiza glabra* (4:1 extract of root) - 50 mg; Elderberry / *Sambucus nigra* (4:1 fruit extract) - 50 mg; Cultivated thyme / *Thymus vulgaris* (4:1 extract of aerial parts) - 50 mg; Ginger / *Zingiber officinalis* (extract from rhizomes, with min. 5% gingerols) - 50 mg; Black radish / *Raphanus sativus* (10:1 extract from root) - 50 mg; Black cumin / *Nigella sativa* (4:1 extract from seeds) - 25 mg; Common wormwood / *Artemisia absinthium* (4:1 extract from aerial parts) - 25 mg; Marshmallow / *Althaea officinalis* (4:1 root extract) - 25 mg; Black pepper / *Piper nigrum* (fruit extract with min. 95% piperine) - 5 mg.

**Administration:** Adults: 2 capsule/day with a glass of water at mealtime.

**Packaging:** box with 30 vegetable capsules.



VEGETARIAN  
friendly

30  
cps

## HEPANOX PROTECT **DETOX**®

Unique complex with strong detoxifying and hepato-protective action. Contains Silybum/Milk thistle, also called the "savior of the liver." The flavonoids in the composition of the seeds of the armory favor the regeneration of the liver cells. Silibinin contained in armor inhibits the accumulation of toxins in the liver and stimulates the elimination of their toxic compounds from liver cells.

### Actions:

- Helps to cleanse the body naturally and eliminate toxins from the body.
- Prevents the penetration into cells of hepatotoxic substances (alcohol, harmful substances, heavy metals, free radicals, etc.).
- Supports the antitoxic function of the liver and the regeneration mechanisms of liver cells.
- Prevents the accumulation and reduces fat deposits in the liver.
- Protects the cell membrane at the level of liver structures.
- Supports optimal bile secretion and evacuation.
- Helps strengthen the immune system.

### Beneficial in:

Detoxification treatments, liver diseases (hepatitis A, B and C, liver failure, liver cirrhosis, jaundice, biliary dyskinesia, steatosis), hypercholesterolemia, atherosclerosis, chronic fatigue, intoxication (smoking, coffee, drugs, toxic fungi, heavy metals) etc.

**Active ingredients / capsule:** Choline bitartrate - 150 mg, Silymarin (*Silybum Marianum* fruit extract) - 150 mg, 10: 1 extract of Brusture root (*Arctium lappa*) - 50 mg, L-methionine - 25 mg, extract 4: 1 of artichoke flowers - 25 mg, 4: 1 extract of dandelion roots (*Taraxacum officinale*) - 25 mg, 10: 1 extract of Schizandra fruit (*Schizandra chinensis*) - 25 mg.

**Administration:** 1 capsule daily, after meals.

**Packaging:** box with 30 capsules.



VEGETARIAN  
friendly

TOTAL  
CLEANSE®





## RENOX Renal DETOX®

### KIDNEY DETOXIFICATION COMPLEX AND WATER RETENTION REMOVAL

The proper functioning of the kidneys is vital for the health of the whole body. Renox Renal Detox \* contains **11 specially selected plants, in a Cosmic® Ultric and exudative formula, for the health of your kidneys**, with strong diuretic, detoxifying, antiseptic, anti-inflammatory, antispasmodic, hypotensive, tonic and vitalizing effects.

#### Actions:

- Supports urinary system health.
- Detoxifies the body.
- Supports the immune system through antiseptic and anti-inflammatory action.
- It has a diuretic, purifying and antioxidant effect.
- Reduces profuse sweating.
- Eliminates excess fluid retained in the body.
- Maintains body weight within normal limits.
- Adjuvant in diseases of the renal tract and genital uro.
- Contributes to the elimination of urinary "sand" and reduces the risk of hematuria.
- Fights skin edema. Maintain a healthy skin appearance.
- Supports heart function, blood circulation and helps lower blood pressure.
- Supports the body's resistance in case of severe environmental conditions.

#### Beneficial in:

Water retention, weight gain, detoxification, urogenital tract disorders (cystitis, prostatitis, urethritis, urinary disorders), kidney stones, kidney colic, edema, varicose veins, heart failure, hypertension, hypothyroidism, acne, chemotherapy-induced disorders etc.

**Active ingredient / 1 vegetable capsule, (550 mg):** CEquisetum arvense - 150 mg; Bearberry / *Arctostaphylos uva ursi* - 16.2 mg, Buchu / *Barosma spp* - 16.2 mg (leaves), Dandelion / *Taraxacum officinale* (roots) - 16.2 mg, Lenupar / *Juniperus communis* (fruit) - 16.2 mg, Parsley / *Petroselinum crispum* (leaves) - 16.2 mg Hawthorn / *Crataegus laevigata* (fruit) - 16.2 mg „ Nettle / *Urtica dioica* (roots) - 16.2 mg, *Xanthium spinosum* / *Ruscus aculeatus* (rhizomes) - 16, 2 mg; Ginger / *Zingiber officinale* (rhizome powder) -16.2 mg; Corn silk / *Ilea mays* (powder) -16.2 mg.

**Administration:** Adults: 1 capsule daily, during the meals, with a glass of water.

**Packaging:** box with 30 vegetable capsules.





## COLON OX colon | DETOX®

### Colon cleansing of metabolic residues, body detoxification, health and energy.

Natural complex formula, created for the controlled and gentle detoxification and cleansing of the colon. The concentrated formula contains 13 standardized plant extracts for the rapid cleansing of the colon and body detoxification.

#### Actions:

- Maintains intestinal health and supports intestinal transit (Psyllium, Cascara sagrada/ American Crusin, Aloe, Mint, Phylanthus/ Emblica officinalis).
- Psyllium, also called "colon broom", helps absorb toxins from the colon by forming a sponge that removes mucoid plaque from the intestines.
- Deeply detoxifies the small intestine and contributes to cleaning the colon.
- It completely eliminates biofilm and accumulated metabolic residues.
- Excellent chelator of stagnant heavy metals in the intestines. Maintains intestinal motility/intestinal peristalsis (Aloe, Crusin, Terminalia belerica).
- It has spasmolytic action, reduces involuntary muscle contractions.
- Treats and prevents constipation caused by low fiber consumption, dehydration, lack of physical activity.

#### Beneficial in:

Constipation, diarrhea, irritable bowel syndrome (IBS), colitis, diverticular disease or colorectal cancer, leaky gut syndrome, food hypersensitivity and allergies, asthma, acne, eczema, psoriasis, liver disease, premenstrual pain or menopausal disorders, nerve disease (migraines, depression, stress, panic), venous circulation disorders (thrombophlebitis).

#### Active ingredients / capsule:

Psyllium/Plantago ovata (seed coat powder) -150 mg, Linseed/Linum ussitatissimum (powder)-150 mg, Cascara-sagrada/Rhamnus purshiana (standardized 10:1 bark extract)-45 mg, Aloe/Aloe vera (200:1 standardized leaf extract) -25 mg, Chicory/Cichorium intybus (inulin from standardized 10:1 root extract)-25 mg, Slippery elm/Ulmus fulva (standardized 10:1 bark extract)-25 mg, Crusin-americana/Rhamnus frangula (standardized bark extract)-25 mg, Triphala/Terminalia chebula, Terminalia belerica and Phyllantus emblica (10:1 standardized extract from fruits)-25 mg, Papaya/Carica papaya (10:1 standardized leaf extract)-25 mg, Fennel/Foeniculum vulgare (10:1 standardized extract from seeds) 25 mg, Peppermint/Mentha piperita (standardized 10:1 leaf extract)-5 mg

**Administration:** Avoid eating foods that form acid, such as: processed foods, meat, fish, dairy products, soft drinks, sugar, salt, bread and fried foods during and after the cleanse.

**Packaging:** blister with 30 vegetable capsules



30  
cps

## BIO CARBONOX<sup>®</sup> Activ Complex | DETOX

### 500 mg vegetable activated charcoal obtained from coconut organic crops + 5 standardized extracts.

Medicinal charcoal obtained from coconut shells is steam activated at high temperatures to create millions of pores per gram with a high capacity to absorb toxins from the body. These harmful substances are subsequently eliminated through the excretory function. The additional pores in activated carbon have an absorption capacity 6-10 times higher than regular carbon.

#### Actions:

- Reduces the volume of excess intestinal gas and bloating.
- They regulate and maintain the health of the intestines.
- Eliminates spasms, discomfort, abdominal pain and reduces stomach cramps.
- It prevents the absorption into the body of bacteria and drugs that can cause diarrhea.
- Maintains normal gastric acidity, supporting normal intestinal transit.
- Artichoke stimulates digestive function and the production of digestive enzymes.
- Prevents gas by increasing stomach acid production.

#### Beneficial in:

Flatulence, bloating, occasional constipation/diarrhea, aerophagia, food abuse; toxic infections, food allergies/intolerances; irritable bowel syndrome, colitis, ulcerative colitis, ulcerative-hemorrhagic rectocolitis; drug/opioid overdoses, poisoning, accidental ingestion of toxic substances, alcoholism, detoxification.

#### Active ingredients / capsule:

Vegetable activated carbon from Coconut/Cocos Nucifera - 500 mg, Fennel/Foeniculum vulgare (standardized extract 4:1 from seeds)- 50 mg, Ginger/Zingiber officinale (standardized extract 4:1 rhizomes)-25 mg, Artichoke /Cynara scolymus (4:1 standardized extract from leaves)- 20 mg, Dandelion/Taraxacum officinale (4:1 standardized extract from aerial parts)- 20 mg, St. John's wort/Hypericum perforatum (4:1 standardized extract from aerial parts with flowers) - 10 mg.

**Administration:** 2 capsules, 30 minutes before a meal, and 2 capsules after the meal, according to 432 Reg/2012.

**Packaging:** blister with 30 vegetable capsules.



30  
cps30  
tb

## ALOE VERA

Equivalent **5000 mg** gel

Aloe Vera, called by the Egyptians "the plant of immortality", has been used since antiquity for its beneficial effects on health and beauty. A rich source of vitamins and minerals, Aloe Vera has an anti-inflammatory effect and helps maintain body weight within normal limits.

### Actions:

- Increases the body's resistance through immunostimulatory properties.
- It heals wounds and has a healing effect.
- Stimulates digestion and soothes heartburn.
- Helps the optimal functioning of the digestive system and regulates intestinal transit.
- Protects the liver and drains the bile.
- Essential in liver and blood detoxification.
- Decreases triglycerides and reduces the level of cholesterol - the "bad" role of LDL.
- Helps maintain normal glucose levels in the spleen.
- Slows down cellular aging.
- Reduces fatigue and increases tone.

### Beneficial in:

Digestive disorders (ulcer, gastritis, colitis, indigestion, bloating, flatulence, shortness of breath, constipation, irritable bowel syndrome), liver disease (hepatitis, cirrhosis, steatosis), dermatological diseases (boils, acne, dermatitis, psoriasis, herpes), cures detoxification, chemotherapy and radiotherapy, etc.

**Active ingredients / capsule:** Aloe Vera (*Aloe barbadensis*) Leaf Extract 200:1 (equivalent to 5,000 mg of fresh Aloe Vera plant) - 25 mg.

### Administration:

**Adults:** 1-2 capsules per day, after meals.

**Packaging:** bottle with 30 capsules.



## SYLIMARIN

14000 mg

Bioflavonoid complex (silymarin, silybin, silibianin) with hepatoprotective action and remarkable detoxifying properties.

### Actions:

- Silymarin supports the health of the liver and its natural detoxification.
- Protects the liver and supports the regeneration of hepatocytes (liver cells).
- Helps maintain normal cholesterol levels.
- Contributes to the neutralization of toxic substances in the liver.
- Maintains the secretion and normal elimination of bile reducing the risk of gallstones.
- Protects the liver against damage caused by: fats, alcohol, hepatotoxic drugs, exposure to pollutants, dyes, preservatives, pesticides.

### Beneficial in:

Liver disease: hepatic steatosis, hepatitis, cirrhosis, poisoning; prophylactic is administered in case of exposure to substances / drugs with toxic risk, etc.

**Active ingredients / tablet:** 40-50: 1 extract from Milk Thistle fruit (*Silybum marianum*) - 350 mg, of which silymarin - 280 mg and silybin - 84 mg.

**Administration:** 1-2 tablets per day, minimum 8 weeks.

**Packaging:** bottle with 30 tablets.

30  
cpr

## PARASITES®

Unique complex of 10 natural extracts with antiparasitic effect, Parasites® contains natural extracts from plants beneficial in eliminating parasites and intestinal worms.

### Actions:

- Eliminates parasites, pinworms and intestinal worms.
- Inhibits the development of intestinal parasites and paralyzes the nerve centers of worms.
- Eliminates the possibility of parasites.
- Beneficial compounds of coriander cross the blood-brain barrier to eliminate parasitic infections from the central nervous system (toxoplasma, neurocysticercosis).
- Relieves unpleasant sensations caused by the presence of parasites (bloating, nausea, rash).
- Helps to restore the body after eliminating parasites.
- Eliminates heavy metals accumulated in the body.
- Strong antibacterial effect on many types of pathogens.
- Restores the intestinal flora and improves the production of antibodies.

### Beneficial in:

Infestations with parasites (parasitosis) such as earthworms, pinworms (*Enterobius vermicularis*), giardia lamblia, cylindrical worms, toxoplasma, toxocara, prevention of symptoms due to parasite infestation: inflammation of the mucous membranes and skin, pruritus, digestive allergies, inaphy, fatigue chronic, constipation / diarrhea, flatulence of the abdomen I, cardiovascular diseases.

### Active ingredients / film-coated tablet:

Walnut (*Juglans regia*) - 4: 1 hydroethanolic extract from buds - 200 mg, Cloves (*Eugenia caryophyllus*) - 4: 1 hydroethanolic extract from flowers - 150 mg, Oregano (Sovarv) (*Origanum vulgare*) - extract 4: 1 hydroetha-nolic extract from leaves - 100 mg, Wormwood (*Artemisia absinthium*) - 4: 1 hydroethanolic extract from aerial parts - 50 mg, Garlic (*Allium sativum*) standardized at min. 1% allicin - hydroethanolic extract from bulbs - 50 mg, Grapefruit (*Citrus paradisi*) standardized at min. 40% bioflavonoids - hydroethanolic extract from seeds - 50 mg, Thyme (*Thymus vulgaris*) - 4: 1 hydroethanolic extract from leaves - 50 mg Pumpkin (*Cucurbitapepo*) - hydroethanolic extract4: 1 from seeds - 50 mg, Coriander (*Coriander sativum*) - 4: 1 hydro-ethanolic extract from aerial parts - 20 mg, Mint (*Mentha longifolia*) - 4: 1 hydroethanolic extract from aerial parts - 20 mg.

**Administration:** 1 tablet in the morning and 1 tablet in the evening, 15 minutes before a meal for 10 consecutive days. Pause for 10 days, then repeat the treatment under the same conditions.

**Packaging:** box of 30 film-coated tablets.



TOTAL CLEANSE®



# IMMUNITY



IMMUNITY





## Vitamin C 500 Immune Complex

### Immune boosting complex, with immediate absorption.

Vitamin C Immune Complex with Zinc, Shock and Blackcurrant was specially designed to strengthen immunity and effectively prevent diseases caused by viruses and bacteria: colds, flu, respiratory viruses. Vitamin C Immuno Complex provides ingredients in high concentrations, with immediate absorption in the body.

#### Actions:

- It has an antiviral, antimicrobial and antibacterial effect.
- Strengthens the innate immune system and increases the body's natural defense capacity.
- Reduces discomfort and severity of the disease, fights fatigue, myalgias and helps physical recovery.
- Reduces the risk of respiratory tract disease.
- Accelerates healing.
- Combats the harmful effects of pollution on the airways and lungs.
- It has a general antioxidant and tonic effect.

#### Beneficial in:

Viral and bacterial infections of the respiratory tract, influenza, colds, viruses,

sinusitis, tonsillitis, cardiovascular disease, hypertension, atherosclerosis, angina heart attack, heart attack, stroke, hair fragility, diabetes, scurvy, lead or mercury poisoning, eye conditions, cataracts, dermatitis, psoriasis, fungal or bacterial infections, boils, fungal infections, acne, insect bites, attention deficit, memory or concentration, apathy, depression, chronic fatigue, exhaustion, asthma, allergies, exposure to toxins.

#### Active ingredients / 1 tablet (1000 mg):

Vitamin C (ascorbic acid) 550mg\*, Zinc 13mg\* Shock (4:1 extract from chills) - 10mg, Blackcurrant (fruit extract) 10mg (\*maximum daily dose / 2 tablets provide 1000 mg vitamin C / 1250% VNR and 20 mg Zinc / 200% VNR.

**Administration:** 1-2 tablets a day with a glass of water after a meal.

**Packaging:** box of 30 tablets.





## QUERCETIN

SOPHORA JAPONICA 500mg EXTRACT

Quercetin is the most abundant natural flavonoid with immediate absorption into the body. The beneficial effects of Quercetin come from its ability to function as a powerful anti-inflammatory and antioxidant. Antioxidants are compounds that neutralize free radicals, unstable molecules that can cause cell damage when their levels rise. Free radicals are the cause of many chronic conditions, including cancer, heart disease and diabetes.

### Actions:

- It has strong antioxidant protection by reducing free radicals.
- Protects vascular endothelial cells against the action of free radicals and proinflammatory substances.
- Exercises anti-pathogenic activities against a wide variety of viruses and bacteria.
- Reduces the severity of respiratory diseases.
- Decreases allergic reactions (asthma, rhinitis).
- Maintains blood pressure within normal limits.
- Crosses the brain barrier, limiting the proliferation of U251 cells and inducing apoptosis.

- Improves bone health.
- Helps reduce excessive gastric acid secretion.

### Beneficial in:

Viral and bacterial infections of the respiratory tract, influenza, colds, viruses, sinusitis, tonsillitis, allergies, cardiovascular disease, blood pressure stabilization, atherosclerosis, stroke, hair fragility, lower cholesterol.

**Active ingredients / 1 vegetable capsule (755mg):** Japanese acacia / *Sophora japonica* (granular hydroethanol extract 4: 1 from flower buds), with 95% quercetin -500 mg.

**Administration:** 1 capsule daily with meals.

**Packaging:** box with 30 vegetable capsules.

**500mg**  
**STANDARDIZED EXTRACT**

The most concentrated,  
at an unmatched price!



VEGETARIAN  
friendly





## ASTRAGALUS

Equivalent 9000 mg

Astragalus is one of the most powerful herbs that can stimulate the action of interferon in the human body. Interferon is a natural protein that stimulates cell division and differentiation and can modulate specific components of the immune system.

### Actions:

- Contributes to the strengthening of the immune system.
- Prevents colds and upper respiratory tract infections.
- Stimulates endogenous interferon production (stimulates T lymphocytes and NK "natural killer" cells) and normal cell division.
- Improves the functioning of: lungs, thymus, spleen and kidneys.
- Protects the liver and cardiovascular system.
- It has strong antioxidant and anti-inflammatory properties.
- Adaptogenic tonic, created the ability to respond to stress factors.

### Beneficial in:

Immunodeficiencies, respiratory viruses, influenza, colds, asthma, respiratory tract infections (tonsillitis, pharyngitis, colds), liver disease (hepatic steatosis, viral hepatitis), antitumor therapies, hypertension, inflammation, etc.

**Active ingredients / capsule:** 20: 1 extract of Astragalus root (*Astragalus membranaceus*) - 450 mg equivalent to 9000 mg powder, with Polysaccharides 90 mg.

**Administration:** 1-2 capsules daily, during meals.

**Packaging:** bottle with 30/60 vegetable capsules.



## CORDYCEPS

300 mg

Equivalent 3000 mg

Cordyceps sinensis is known as the miraculous mushroom *larva, the summer plant*.

### Actions:

- Stimulates the immune system, supports the increase in the number of lymphocytes, especially T cells, as well as the activity of macrophages.
- Tones the cardiovascular system and improves cellular oxygenation.
- Helps to normalize the level of cholesterol and blood sugar.
- Protects the liver and kidneys from toxic agents (drugs), facilitates the elimination of toxins from the body.
- Attenuates the unpleasant manifestations produced by allergens, chemo and radiotherapy.
- It has an adaptogenic and antioxidant effect and supports hormonal balance.
- Increases testosterone and supports libido, sexual energy and virility.
- Creates the longevity, tone, vitality and energy of the whole body.

### Beneficial in:

Lung diseases, respiratory viruses, hypercholesterolemia, liver diseases, diabetes, antitumor therapies, attenuation of the side effects of chemo and radiotherapy, sexual dysfunctions, etc.

**Active ingredients / capsule:** 10:1 dry hydro-alcoholic extract of the fungal mycelium (*Cordyceps sinensis*) \*equivalent to 3000 mg dry powder containing a guaranteed minimum of 7% cordyceptic acid, 8% polysaccharides, 7% mannitol, 0.2% adenosine -300 mg.

\*Raw material obtained from certified organic crops.

**Administration:** 1-2 capsules pieces, after meals.

**Packaging:** bottle with 30/60 capsules.





## REISHI + SHIITAKE + MAITAKE

The synergistic combination of the three mushrooms, obtained from certified organic crops, ensures a maximum concentration of bioactive substances, polysaccharides, beta glucans, active proteoglycans, vitamins, minerals and essential fatty acids.

### Actions:

- Supports the immune system.
- Stimulates insulin secretion and maintains normal blood sugar levels.
- Provides cardiovascular, hepatic, renal and neuronal protection.
- Helps balance hormones.
- It has an adaptogenic and antioxidant effect.
- Improves the unpleasant manifestations produced by allergens, chemo and radiotherapy.
- Increases longevity, tone, vitality and energy of the whole body.

### Beneficial in:

Lung diseases, viral and bacterial infections, hypercholesterolemia, diabetes, liver disease, attenuation of side effects of chemo and radiation therapy, anxiety, convalescence, etc.

### Active ingredients / capsule:

Extraactive Microactive Powder from Cold Micronized Spores of Reishi (*Ganoderma lucidum*)\* - 100 mg, dry superconcentrated 5: 1 extract from the body of the Maitake mushroom / (*Grifola frondosa*)\* - 100 mg with Polysaccharides - 30 mg, extract 5: 1 dry superconcentrate from the body of the Shiitake mushroom (*Lentinula edodes*)\* - 100 mg with Polysaccharides - 30 mg.

\* Raw materials obtained from certified organic crops.

**Administration:** Adults: 1-2 capsules, after meals.

**Packaging:** bottle with 30/60 capsules.





60 cps

## D3 VITAMIN 4000 UI

Vitamin D, also called "sun vitamin", is a fat-soluble vitamin, produced in the skin after exposure to the sun's rays. Unlike other vitamins, vitamin D works as a hormone and every cell in the body has a receptor for it.

### Actions:

- Strengthens the immune system.
- Helps strengthen the osteo-articular system.
- Vital for brain health, improves cognitive functions.
- Protects the cardiovascular system.
- Strengthens the respiratory tract and lungs.

### Beneficial in:

Skin conditions: dermatitis, acne, infections, diseases of the osteo-articular and muscular system: rickets, osteoporosis, osteo-malacia, decalcification, decreased bone density, fractures, muscle spasms, rheumatoid arthritis, hypocalcemia, viral and bacterial infections of the respiratory tract, autoimmune diseases, Alzheimer's, Neuro-vegetative dystonia, tumors, cardiovascular diseases: hypertension.

### Active ingredient / capsule:

Vitamin D3 - 4000 IU

### Administration:

Adults: 1 capsule a day during meals.

**Packaging:** bottle with 60 capsules.



60 cps

## D3 VITAMIN 2000 UI

Vitamin D3 plays an extremely important role in the proper functioning of the osteoarticular system, strengthening the immune system and maintaining good health.

### Actions:

- Helps the absorption and normal use of calcium and phosphorus in the body.
- Contributes to maintaining normal concentrations of calcium in the blood, to maintaining the health of the skeletal system, including the teeth, and to maintaining the normal function of the muscular system.
- Helps to recover the osteo-articular and muscular systems after periods of immobilization.
- Contributes to the prevention and remedy of bone loss.
- Supports the normal functioning of the immune system.
- Participates in the process of cell division.

### Beneficial in:

Rickets, osteoporosis, osteomalacia, fractures, immune system support, etc.

### Active ingredient / capsule :

Vitamin D3 - 2000 IU.

### Administration:

Adults: 1 capsule a day during meals.

**Packaging:** bottle with 60 capsules.



# VITAMINS AND MINERALS

VITAMINS & MINERALS



30  
cpr

## Multi MINERALS

Balanced combination that ensures the daily requirement of essential minerals for the functioning at maximum capacity of the body.

### Actions:

- Ensures the daily needs to keep the body in optimal condition.
- Calcium and magnesium contribute to the normal functioning of the skeletal, muscular and nervous systems.
- The fat ensures the normal functioning of the.
- Zinc has a role in immunity, maintaining fertility and reproduction.

### Beneficial in:

Anemia, nutritional deficiencies, fatigue, physical or nervous exhaustion, stress, convalescents, infectious diseases, osteoporosis, excessive mineral loss (diarrhea, vomiting, excessive sweating) etc.

### Active ingredients / tablet:

Calcium - 133.4 mg; Magnesium - 66.7 mg; Zinc - 6.7 mg; Iron - 3 mg; Copper - 1.67 mg; Manganese - 1.67 mg; Iod - 50 mg.

### Administration:

Adults: 1-2 tablets per day, after meals.

### Packaging:

bottle with 30 film-coated tablets.

60  
tb

## ZINC

50 mg

Zinc in maximum concentrates, with superior absorption, vital for a strong immune system. Zinc deficiency can severely affect the function of the immune system, leading to an increased susceptibility to infections. Zinc is vital for cell division, proper DNA synthesis, fertility, healthy growth and wound healing.

Zinc is an essential trace element for a healthy immune system, being widely involved in proteins, lipids, nucleic acid metabolism and gene transcription, helping to stimulate the activity of at least 100 different enzymes.

### Actions:

- Mediates innate immunity with the function of natural killer cells and neutrophils.
- Essential role in bone metabolism and mineralization.
- Maintains viable skin as an initial barrier to pathogens.
- Helps to heal wounds, reduce inflammation and improve inflammatory diseases.
- Supports fertility by regulating normal hormonal function, cell division and ovulation.

### Beneficial in:

Zinc deficiency, Wilson's disease, immune system stimulation, colds, infections, flu, upper respiratory tract infections, swine flu, severe head injuries, parasitic diseases, macular degeneration, cataracts, asthma, diabetes and nerve damage; high blood pressure; AIDS / HIV; anorexia nervosa, obsessive-compulsive disorder, depression, dementia, attention deficit hyperactivity disorder (ADHD), lack of taste (hypogeusia), hepatic encephalopathy, alcohol-related liver disease, Crohn's disease, ulcerative colitis, inflammatory bowel disease, canker sores, gastric ulcer, foot ulcer, male infertility, enlarged prostate, erectile dysfunction (ED), osteoporosis, rheumatoid arthritis, psoriatic arthritis, warts and muscle cramps in people with liver disease, itching, rosacea, hair loss, psoriasis, eczema, acne, thalassemia, Alzheimer's disease, Down syndrome, Hansen's disease and cystic fibrosis, cancer (esophageal, colon, rectum, stomach, brain, throat), non-Hodgkin's lymphoma, complications related to chemotherapy, anemia, complications related to pregnancy, iron deficiency, arsenic poisoning, chronic obstructive pulmonary disease (COPD), dysbiosis, clogged arteries, leukemia, burns.

**Active ingredients / tablet:** Zinc gluconate - 365 mg. (\* maximum daily dose / 1 tablet provides 50 mg Zinc / 500% VNR; VNR-Nutritional Reference Value cf. Regulation 1169/2011).

### Administration:

câte 1 tabletă pe zi, la masă.

### Packaging:

bottle with 60 tablets.





## Essential VITA-MIN

Essential Vita-Min contains 20 natural, well-balanced active principles that ensure the daily requirement of vitamins and minerals essential for the optimal functioning of the body.

### Actions:

- Increases immunity and resistance.
- Maintains the health of the nervous system and strengthens the cardiovascular system.
- It has hepatoprotective and detoxifying action.
- Regulates metabolism.
- It has antioxidant action, neutralizing free radicals, harmful to the body.

### Beneficial in:

Anemia, asthenia, decalcified, hypocalcemia, osteoporosis, spasmophilia, overwork, fatigue, avitaminosis, nutritional deficiencies, unbalanced

### Active ingredients / film-coated tablet:

Calcium - 250 mg, Magnesium - 100 mg, Vitamin E - 15 UI, Vitamin B3 - 10 mg, Vitamin B5 - 5 mg, Iron - 5 mg, Zinc - 5 mg, Vitamin B6 - 2 mg, Vitamin B2 - 1.7 mg, Vitamin B1 - 1.5 mg, Copper - 1 mg, Manganese - 1 mg, Vitamin A - 688 meg, Folic acid - 200 meg, Iod - 75 meg, Selenium - 50 meg, Chromium - 50 meg, Biotin - 30 meg, Vitamin B12 - 6 meg, Vitamin D3 - 5 meg.

**Administration:** 1 tablet daily, after meals.

**Packaging:** bottle with 30 film-coated tablets.



## GERIATRIC Vita-Min

Optimal combination of vitamins and minerals, specially designed for toning and strengthening the body.

### Actions:

- Invigorating and energizing complex.
- Corrects metabolic disorders that occur as a result of increased needs, specific to age, insufficient dietary intake or absorption disorders.
- Supports the health of the cardiovascular system and the nervous system.
- Maintains healthy bones and teeth, prevents osteoporosis.
- Increases mental efficiency.
- Stimulates cellular respiration and the body's immunity, protecting it from infections.
- Increases the body's resistance and delays the natural aging process.

### Beneficial in:

Anemia, avitaminosis, unbalanced diet, hypocalcemia, asthenia, overwork, physical and mental fatigue, convalescents, stress, degenerative diseases, osteoporosis, etc.

### Active ingredients / film-coated tablet:

Calcium - 200 mg; Magnesium - 100 mg; Vitamin C - 60 mg; Vitamin E 33 mg; Vitamin B3 - 20mg; Zinc - 15 mg; Vitamin B5 - 10 mg; Iron - 9 mg; Vitamin B6 - 3 mg; Manganese 2.5 mg; Copper - 2 mg; Vitamin A - 1.8 mg; Vitamin B2-1.7 mg; Vitamin B1 - 1.5 mg; Folic acid - 200mcg; Iod - 150 meg; Chrome - 100 meg; Biotin - 30 meg Molybdenum - 25 meg; Selenium - 25 meg; Vitamin K1 - 15 mg; Vitamin D3 - 10 mg; Vitamin B12 -2.5 mg.

**Administration:** Adults: 1 tablet per day, after meals.

**Packaging:** bottle with 30 film-coated tablets.



## **Multi** VITAMINS **Multi** MINERALS

30  
cpr

Complex product with 13 vitamins and 12 minerals, specially designed to tone and strengthen the body.

### **Actions:**

- Provides the daily necessary to keep the body in optimal condition.
- Increases the body's vitality and energy.
- It has an immunostimulatory and hepatoprotective role.
- Strengthens the cardiovascular system.
- Maintains the health of the nervous system and has an anti-stress effect.
- Increases the strength of bones and joints.
- It has antioxidant action, Delays the natural aging process.

### **Beneficial in:**

Anemia, nutritional deficiencies, fatigue, physical

exhaustion or mental, stress, convalescents, infectious diseases, osteoporosis, excessive loss of minerals (diarrhea, vomiting, excessive sweating), etc.

### **Active ingredients / film-coated tablet:**

Calcium - 120mg, Vit. C - 75 mg, Magnesium - 56.5 mg, Vit. E - 30 mg, Vit. B3 - 20 mg, Zinc - 15 mg, Vit. B5 - 10 mg, Fier-9 mg, Vit. B1 - 2 mg, Vit. B2 - 2 mg, Vit. B6 - 2 mg, Vit. A - 1.5 mg, Manganese - 1 mg, Copper - 1 mg, Folic Acid - 400 meg, Lodge - 150 meg, Biotin - 60 meg, Vit. K - 50 meg, Selenium - 50 meg, Chromium - 50 meg, Molybdenum - 50 meg, Vit. D3 - 10 mcg, Vit. B12-6mcg.

### **Administration:**

*Adults:* 1 tablet per day, after meals.

### **Packaging:**

bottle of 30 film-coated tablets.



# TONIC AND VITALIZING



TONIC AND VITALIZING





30  
tb

60  
tb



## KOREAN GINSENG

Equivalent 1000 mg

Korean ginseng / Panax ginseng is also called the "*elixir of vitality*".

Plants that allow the body to tolerate increased stress have been used for thousands of years in traditional medicine! These plants are known in Chinese medicine to improve qi, and Ayurveda calls them rasayana, a Sanskrit word with a literal meaning! The way (ayana) of essence (rasa). In Europe, they are known as tonics. The concept of adaptogen was implemented only in the twentieth century. The origin of the term "adaptogen" is related to the body's ability to adapt to various stressors.

### Actions:

- Supports memory and cognitive functions, increases the capacity for physical and intellectual effort.
- Helps to increase the body's self-defense capacity, physical and mental endurance.
- Improves blood circulation.
- Promotes metabolic and detoxification processes.
- Contributes to the improvement of lipid and carbohydrate metabolism (normoglycemic).
- Contributes to increased appetite, libido and normal sexual activity.
- Protects against oxidative stress and delays natural aging processes.

### Beneficial in:

Tiredness, stress, disorders of male sexual dynamics, erectile dysfunction, flu, etc.

### Active ingredients / tablet:

10: 1 superconcentrated extract of Korean ginseng root (*Panax ginseng*) equivalent to 1000 mg root - 100 mg.

**Administration:** 1-2 tablets per day.

**Packaging:** box with 30/60 tablets



30  
tb

60  
tb



## SIBERIAN GINSENG

Equivalent 1000 mg

Siberian ginseng is also called the "*root of life*", being considered the most active form of Ginseng.

### Actions:

- Supports memory and cognitive functions, increases the capacity for physical and intellectual effort.
- Helps increase the body's self-defense capacity.
- Reduces fatigue and the effects of stress.
- Promotes metabolic processes and detoxification.
- Adaptogenic tonic, increases the body's ability to adapt to stress.
- Contributes to increased appetite, libido and normal sexual activity.
- Protects against oxidative stress and natural aging processes.

### Beneficial in:

Tiredness, stress, overwork, asthenia, disorders of male sexual dynamics, erectile dysfunction, flu, etc.

**Active ingredient / tablet:** 10: 1 extract of Siberian Ginseng root (*Eleutherococcus senticosus*) - 100 mg, equivalent to 1000 mg of root.

**Administration:** 1-2 tablets per day.

**Packaging:** bottle with 30/60 tablets.





The **PUREST** and  
most **CONCENTRATED**



**ASHWAGANDHA**  
**KSM-66® 500 mg**

Ashwagandha (Indian Ginseng) is an adaptogenic plant, known and used in Indian medicine for thousands of years as a natural source of energy and vitality.

ASHWAGANDHA® KSM-66 from COSMO PHARM® is the extract with the purest and most concentrated form of Ashwagandha in the world, with the most clinical studies performed. It is produced using a unique patented extraction process, based on *Green Chemistry* principles, without the use of alcohol or any other chemical solvent.

#### Acțiuni:

- Supports the functions of the nervous system.
- Improves learning, memorization and concentration processes.
- Natural antidepressant, fights stable stress, anxiety and panic attacks.
- Balances emotionally and stimulates relaxation without slowing down mental processes.
- Helps in periods of fatigue and exhaustion.
- Helps to recover from physical or mental trauma.
- Strengthens the immune system.
- Improves male sexual function. Increases male fertility and potency.
- Maintains the health of the male and female reproductive system.
- Increases the body's endurance and improves athletes' performance.
- Increases mass, muscular endurance and increases muscle tone.
- It is a good antioxidant, eliminates free radicals and has an anti-aging effect.
- Supports the cardiovascular and respiratory system.
- Lowers blood pressure and cholesterol.
- Helps maintain healthy thyroid gland.

#### Beneficial in:

Improving memory, attention and concentration, depression, anxiety, insomnia, fatigue, stress, infertility, impotence, mental and physical exhaustion, thyroid, hypothyroidism, Hashimoto's thyroiditis, respiratory diseases.

**Active ingredients / 1 vegetable capsule (630 mg):** ASHWAGANDHA® KSM-66 standardized extract from Ashwagandha root (*Withania somnifera*) - 500 mg, guaranteed with over 5% (25 mg) withanolide.

**Administration:** 1 - 2 capsules per day, during meals, with a glass of water.

**Packaging:** box with 30 vegetable capsules.



## ASHWAGANDHA KSM-66<sup>®</sup> 500 mg

### WORLD'S BEST ASHWAGANDHA

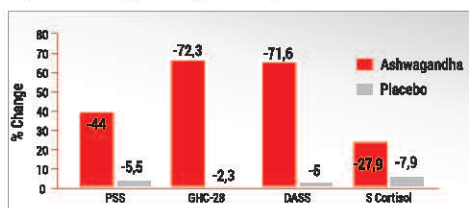
#### I. Clinically proven efficiency in reducing stress and anxiety.\*

The prospective, randomised, double-blind, placebo-controlled study aimed to measure the following parameters:

- Serum cortisol levels
- Perceived stress index (PSS score)
- Overall health questionnaire score -28 (GHQ-28)
- DASS) - Depression-Anxiety-Stress scale

Objective	Dosage	Duration	No. of subjects
Assessment of the effectiveness and safety of Ashwagandha KSM-66 in reducing stress and anxiety and improving the general condition of adults under stress.	300 mg (2 doses/day)	8 weeks	64 -41 (64%) men and 23 (36%) women - healthy patients aged between 18 and 25 years old

Improvement in percentages of the parameters measured at the end of the 8 weeks of study - Ashwagandha KSM<sup>®</sup> 66 vs Placebo



**Conclusion:** The results of this study suggest that the Ashwagandha root extract - KSM 66<sup>®</sup>, in high concentration, improves efficiently the human body's resistance to stress and therefore the quality of life. Ashwagandha KSM-66<sup>®</sup> can be used safely as an adaptogen by adults under stress. \*\*

\*Indian Journal of Psychological Medicine, 2012. A prospective, randomised double-blind, placebo-controlled study of safety and efficacy of a high-concentration full-spectrum extract of ashwagandha root in reducing stress and anxiety in adults.\*

\*\*The study was conducted in accordance with the Indian Council for Medical Research Guidelines for research in humans (ICMR-GCP) and the Declaration of Helsinki (2008), and was approved by the institutional review committee at Asha Hospital in Hyderabad, India.

#### II. Clinically proven ability to improve memory and cognitive function.\*\*

Objective	Dosage	Duration	No. of subjects
Evaluation of the effect of Ashwagandha KSM-66 on memory (working, immediate and lasting), visual-spatial processing, performative function, attention and speed of information processing	300 mg (2 doses/day)	8 weeks	51 healthy patients

A prospective, randomised, double-blind, placebo-controlled study was performed on 51 adults over the age of 35 years old.

**Results:** After eight weeks of study, the Ashwagandha group showed significant improvements compared to the placebo group in both immediate and long-term memory, as shown by the Wechsler Memory Scale III subtest scores for logical memory I ( $p = 0.007$ ), verbal associates I ( $p = 0.042$ ), images I ( $p = 0.006$ ), logical memory II ( $p = 0.006$ ), associated verbal associates II ( $p = 0.031$ ) and family presenting II ( $p = 0.006$ ).

The treatment group also proved a significantly higher improvement in performative function and information processing speed indicated by the scores dealt by Eriksen Flanker ( $p = 0.002$ ), the Wisconsin Card Sort test ( $p = 0.014$ ), A test ( $p = 0.006$ ) and the Clockworth Clock test ( $p = 0.009$ ).

**Conclusions:** Ashwagandha is effective in enhancing both immediate and general memory in people with MCI (minor cognitive decline), as well as improving performative function, attention and speed of information processing.

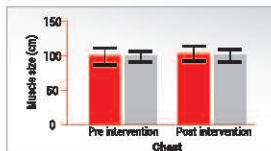
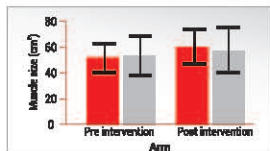
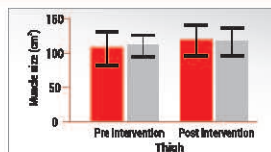
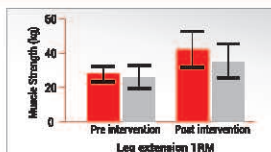
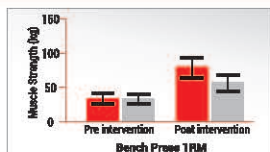
\*Journal of Dietary Supplements, 2017, Efficacy and Safety of Ashwagandha (Withania somnifera (L.)Dunal) Root Extract in Improving Memory and Cognitive Functions.

#### III. Clinical trial for muscle endurance and recovery.\*

Objective	Dosage	Duration	No. of subjects
Evaluation of the effect of Ashwagandha KSM-66 on muscle strength, mass and recovery as an adjuvant to physical endurance	300 mg (2 doses/day)	8 weeks	57 healthy male patients aged between 18 and 50 years old

The prospective, randomised, double-blind, placebo-controlled study aimed to measure the following parameters:

- Serum testosterone levels
- Muscle mass (1RM- maximal sustainable single repetition load - 1RM)
- Sizes of the muscles
- Percentage of body fats
- Serum creatine kinase levels



■ Ashwagandha  
■ Placebo

Compared to placebo subjects, the Ashwagandha KSM-66® group showed significantly better results in: increased muscle strength and significantly more visible results in increased size of the muscle in the arms.

At the same time, the subjects who received Ashwagandha showed a substantial

*Journal of the International Society of Sports Nutrition, 2016. Examining the effect of Withania somnifera Supplementation on Muscle Strength and Recovery: A Randomized Controlled Trial.*

decrease in exercise-induced muscle damage, indicated by stabilization of serum creatinine kinase, significantly higher testosterone levels and a significant decrease in body fat percentages.

**Conclusions:** The study reports that supplementation with Ashwagandha is associated with significant increases in muscle mass and that it is recommended in challenging athletic training.

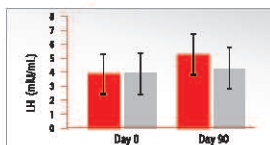
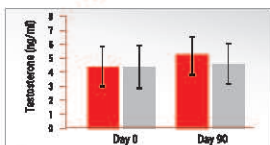
## IV. Clinically proven utility in improving male sexual performances.\*

Objective	Dosage	Duration	No. of subjects
Assessment of the effectiveness and safety of Ashwagandha KSM-66 in improving sexual function in men.	225 mg (3 doses/day)	12 weeks	46 Healthy patients

The prospective, randomised, double-blind, placebo-controlled study aimed to measure the following parameters:

- Sperm concentration - 167% increase
- Volume of sperm

- Motility of the sperm
- Serum testosterone levels
- Serum levels of luteinizing hormones



■ Ashwagandha-treated group (n=21) ■ Placebo-treated group (n=25)

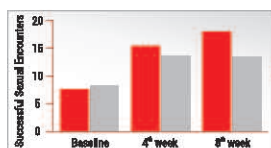
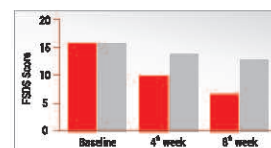
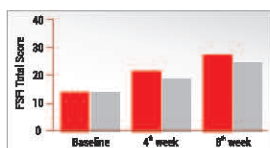
*Evidence-Based Complementary and Alternative Medicine, 2013. Clinical Evaluation of the Spermatogenic Activity of the Root Extract of Ashwagandha (Withania somnifera) in Oligospermic Males: A Pilot Study.*

**Conclusion:** Sperm concentration among male patients receiving Ashwagandha KSM-66® increased substantially (167%), as did sperm volume (53%) compared to the Placebo group. The study also showed an increase of: 57% in sperm motility, 17% in serum testosterone levels and 34% in serum luteinizing hormone levels.

## V. Clinically proven efficiency in improving female sexual health.\*

Objective	Dosage	Duration	No. of subjects
Study - Ashwagandha KSM-66 effects in improving the sexual function of healthy women.	300 mg (2 doses/day)	8 weeks	50 Healthy patients

Efficiency measures: • The index of female sexual function (FSFI) • Female Sexual Distress Scale (FSDS) • The number of total and successful



■ Ashwagandha  
■ Placebo

**Conclusion:** Ashwagandha KSM-66 generated a significant improvement in sexual function among female subjects. This produced a 75.8% increase in total FSFI scores ( $p < 0.001$ ) compared to the baseline. FSFI scores for arousal, lubrication, orgasm and satisfaction improved significantly from the baseline score ( $p < 0.001$ ) by 62.4%, 59.4%, 82.4% and 62.4%, respectively. FSDS scores: Ashwagandha KSM-66 reduced sexual discomfort for female subjects. The extract produced a 60.9% reduction in baseline FSDS scores. Ashwagandha KSM-66® also resulted in a 126.1% increase of the total number of successful sexual intercourse.

*BioMed Research International, 2015. Efficacy and Safety of Ashwagandha (Withania somnifera) Root Extract in Improving Sexual Function in Women: A Pilot Study.*

# MASCULINITY



**TOTAL CARE®**

# STRONG

**FORȚĂ MASCULINĂ**

**PERFORMANȚĂ SEXUALĂ  
POTENȚĂ ȘI FERTILITATE**

*Supliment alimentar  
30 tablete*

**STRONG**  
**FORȚĂ MASCULINĂ**

MASCULINITY





## STRONG

MASCULINE FORCE

With 100% natural ingredients, STRONG® improves sexual performance, amplifies and prolongs pleasure. Thanks to the 9 concentrated bioactive components, STRONG® has no side effects and does not create addiction.

### Actions:

- Increases potency, sexual performance and pleasure;
- Increases the duration of sexual intercourse;
- Increases libido and provides a strong erection;
- Helps to combat erectile dysfunction;
- Prevents premature ejaculation;
- Increases fertility, quality, motility and quantity of seminal fluid;
- Increases physical energy and resistance to emotional stress;
- It stimulates the production of male hormones;
- It delays the hormonal changes specific to aging;

### Beneficial in:

premature ejaculation, sexual dysfunction, erection problems, weak erection, low libido, chronic fatigue, stress.

### Active ingredients /tablet:

Tribulus terrestris (20:1 standardized fruit extract) - 64 mg; Fo-Ti/*Polygonum multiflorum* (20:1 standardized root extract)- 64 mg; Maca/*Lepidium meyenii* (20:1 standardized root extract)- 64 mg; Bearberry / *Heracleum sphondylium* (20:1 standardized root extract)-64 mg; Damiana / *Turnera difussa* (20:1 standardized leaf extract)- 32 mg; Goji / *Lycium barbarum* (20:1 standardized fruit extract)-32 mg; Muira puama / *Ptychopetalum olacoides* (standardized 20:1 bark extract)-32 mg; Indian ginseng / Ashwagandha / *Withania somnifera* (20:1 standardized root extract) - 24 mg; Siberian Ginseng /*Eleutherococcus senticosus* (20:1 standardized root extract)-24 mg.

**Administration:** 1-2 tablets per day, after a meal.

**Packaging:** blister with 30 tablets.

## POTENT

6 active principles from natural sources: L-Arginine, Royal jelly, Korean Ginseng, Vitamin B3, Maca root extract, Baby's fangs that act synergistically to increase male energy and strength. It has an aphrodisiac effect and stimulates male sexual function, WITHOUT creating addiction or side effects.

### Actions:

- Increases libido and stimulates erection.
- Increases sexual performance and the quality of the sexual act.
- Helps fight erectile dysfunction & naturally combats erectile dysfunction.
- Improves blood circulation and ensures the proper functioning of the male reproductive function.
- Increases fertility and the quality/quantity of seminal fluid.

### Beneficial in:

premature ejaculation, sexual dysfunction, erection problems, weak erection, low libido, fatigue, stress.

### Active ingredients /capsule:

L-Arginine HCl - 250 mg; Royal jelly - 100 mg; Korean ginseng / Panax ginseng (standardized root extract) - 50 mg; Maca / *Lepidium meyenii* (standardized root extract) - 50 mg; Tribulus terrestris (standardized fruit extract) - 25 mg; Vitamin B3-16 mg.

**Administration:** 1 capsule 3 times per day, for 3 months.

**Packaging:** blister with 30 capsules.



30  
cps

## BRÂNCA URSULUI 4000

« Romanian ginseng »

Traditionally known as the "Romanian ginseng" or "Love plant", Brânca Ursului (*Heracleum sphondylium*) has strong sexual tonic and energizing properties, being appreciated by both men and women for its special health benefits, improving the intimate act and fertility.

### Actions:

- Improves blood circulation in the male genital organs and stimulates the secretion of the gonads.
- Treats erectile dysfunction, frigidity and sterility.
- Fights infertility caused by hormonal disorders in both sexes.
- Increases the number of spermatozoa and improves their motility.
- It improves the fertility of both sexes.
- It has an aphrodisiac effect, stimulates the libido.
- It improves the symptoms of ovarian failure and premature menopause.

### Beneficial in:

lack of sexual appetite; male and female sterility; vascular impotence; hormonal impotence; fatigue, stress, anxiety; cold hands and feet; hypertension.

### Active ingredients / vegetable capsule:

Brânca Ursului / *Heracleum sphondylium* – (standardized root extract 10:1 – equiv. to 4000 mg root) - 400 mg

**Administration:** 1-2 capsules/day, for at least 2 months.

**Packaging:** blister with 30 vegetable capsules.

30  
tb

## PROSTATOFORT

Prostatofort is based on active principles from natural sources that act successfully to regulate prostate dysfunction and reduce its volume.

### Actions:

- Recommended as an adjuvant in prostate diseases and for prophylactic purposes.
- Contains phytoestrogens that help in reducing the prostate volume and inflammation in Prostatitis.
- Alleviates the symptoms of Benign Prostatic Hyperplasia (BPH).
- Regulates urinary flow, nocturia and the residual urinary volume.
- Reduces the pain felt during urination (dysuria).
- Improves the functioning of the male reproductive system, spermatogenesis and prostatofort delays the hormonal changes specific to aging.

### Beneficial in:

Benign Prostatic Hyperplasia (BPH), disorders of sexual dynamics, erectile dysfunction, bacterial and non-bacterial prostatitis, frequent urination, hematuria, residual urinary volume, reduced urinary flow, dysuria, urinary lithiasis, urinary and testicular infections.

**Recommended, for prophylactic purposes, to men after the age of 40.**

### Active ingredients / capsule:

Pumpkin seed oil - 250 mg; Saw palmetto/ *Serenoa repens* extract - 160 mg; L-Glutamic acid - 100 mg; Glycine - 100 mg; L-alanine- 50 mg; *Pygeum africanum* extract- 40 mg; beta-Sitosterol - 25 mg; Vitamin E - 33.33 mg; Zinc- 15 mg.

**Administration:** 1 tablet per day, af er meals

**Packaging:** bottle with 30 capsules.

# BEAUTY & FEMININITY



BEAUTY & FEMININITY







with  
**Collagen**  
**Hyaluronic acid**  
**Coenzyme Q10**  
**& Vitamins**

30  
cpr

## SUPER BEAUTY® *Beauty Support Formula*

**SUPER BEAUTY®** is a combination of 18 natural, concentrated ingredients, essential for enhancing beauty and health: vitamin C, Complex B and ingredients such as collagen, hyaluronic acid, coenzyme Q10, zinc, tier, selenium, folic acid, antioxidants (tail- horse, grape seeds, spirulina).

**SUPER BEAUTY®** revitalizes the skin, regenerates the hair and strengthens the nails

### Actions:

- Improves the structure, maintains the suppleness, elasticity and luminosity of the skin.
- Allows the efficient production of collagen and elastin and stimulates the synthesis of hyaluronic acid,
- Provides the skin with an antioxidant protective barrier.
- Corrects the signs of aging and slows down their appearance.
- Repairs damage caused by environmental factors: blue light, UV radiation, pollution, stress, fatigue.
- Contributes to the uniformity of skin color.
- Moisturizes the scalp and stimulates hair growth.
- Strengthens the hair, restores natural shine and density.
- Repairs hair in depth and helps reduce hair loss.
- Strengthens and restructures nails and supports their growth.
- The B vitamin complex ensures the normal and healthy functioning of the central nervous system, the development of the body and the division of cells.
- Reduces fatigue, exhaustion and maintains normal energy metabolism.
- Zinc helps the normal functioning of the immune system.
- Maintains visual acuity.
- Contributes to the health of connective tissue, cartilage and joints.
- Participates in the natural process of regeneration of articular cartilage, tissue and ligaments.
- Reduces joint recovery time after physical activity or trauma.
- Helps maintain healthy bones and teeth.
- Improves the performance of the cardiovascular system.
- Improves the functioning of the lymphatic system, thus favoring the elimination of toxins.

### Beneficial in:

Skin revitalization and rejuvenation, dry, dehydrated skin, fine wrinkles, hair regeneration; dull hair, lacking shine and elasticity; increase the resistance of nails, brittle, fragile, exfoliated nails.

**Active ingredients/ 1 film-coated capsule:** Collagen - 200 mg; Hyaluronic acid - 20 mg; Horsetail extract - 25 mg; Pomegranate extract - 20 mg; Vitamin C-20 mg; Vitamin B3 - 16 mg; Zinc - 15 mg; Spirulina powder - 15 mg; Coenzyme Q10 - 10 mg; Iron - 9 mg; Grape seed extract - 4 mg; Vitamin B2 -1.4 mg; Vitamin B6 - 1.4 mg; Vitamin B1 -1.1 mg, Copper-0.7 mg; Folic acid - 200 meg;

Selenium - 55 meg; Vitamin B12 - 2.5 meg.

**Administration:** *Adults:* 1 tablet coated tablets, at the table.

**Packaging:** box of 30 film-coated tablets.





**CollaSel®**  
Hyaluronic acid  
Vitamin C

## COLLASEL® BEAUTY

**CollaSel® hydrolyzed bovine collagen peptides for a beautiful and fresh look.**

Produced through advanced CollaSel® Peptide technology that ensures maximum absorption rate. Over 90% of the peptides, by breaking down the molecules into very small collagen particles, are digested and absorbed in just a few hours after consumption.

### Actions:

- It hydrates and regenerates the skin, nourishing it intensely from inside - out.
- Prevents and ameliorates the visible signs of aging (fine wrinkles, pigment spots), helps the formation of keratin;
- Strengthens hair, reduces hair loss and gives it shine and volume;
- Strengthens and heals nails; accelerates growth;
- Reduces the appearance of cellulite;
- Regenerates joints, bones and muscles;
- It renews cartilage and joints, increases bone density, tones muscles.

### Beneficial in:

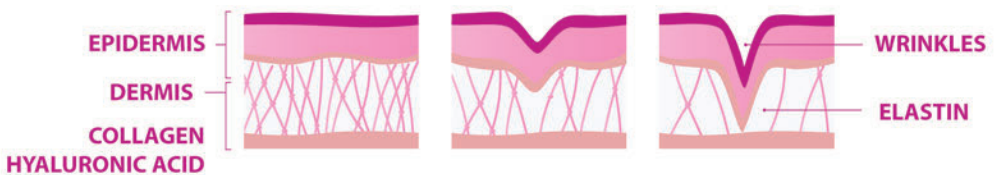
Dry skin, wrinkles, scars; recovery after cosmetic interventions/surgery; excessive exposure to the sun, burns; cellulite, stretch marks; brittle, damaged hair, without volume.

### Active Ingredients / capsule:

CollaSel® collagen hydrolyzed peptides– 500 mg; hyaluronic acid - 100 mg; Vitamin C (ascorbic acid) – 40 mg.

**Administration:** 2 capsules/day, during a meal.

**Packaging:** blister with 30 capsules.



90  
tb

## HYALURONIC ACID

### 100 mg

Hyaluronic acid is a protein present in all tissues of the body, its concentration decreases naturally with age. It is a biological moisturizer for the skin and an important component of cartilage.

#### Actions:

- Contributes to collagen synthesis and tissue regeneration.
- Maintains the suppleness, tone and elasticity of the skin.
- Delays the appearance of wrinkles and premature aging of the skin.
- Helps heal wounds faster and fade scars.
- Increases synovial fluid secretion, ensures lubrication and increases joint mobility.
- Deeply moisturizes tissues.
- Contributes to maintaining eye health and improving vision.

#### Beneficial in:

Osteoarticular diseases (arthritis, rheumatoid arthritis, rheumatism, osteoarthritis), fractures, wounds, premature aging, wrinkles, etc.

#### Active ingredient / tablet:

Hyaluronic acid - 100 mg.

**Administration:** 1-2 tablets.

**Packaging:** bottle with 30/60 tablets.

90  
cps

## Natural VITAMIN E

### 400 IU

Natural Vitamin E, also called "vitamin fertility", has an essential role in the health of the body's reproductive function. With a strong antioxidant effect, vitamin E protects cell membranes, maintains cell integrity against the destructive action of free radicals (fights oxidative stress), prevents many cancers (digestive, ovarian and breast) and slows the aging process.

#### Actions:

- Prevents sterility by promoting spermatogenesis and ovarian function.
- Reduces premenstrual and menopausal symptoms.
- Supports the immune system.
- Strong antioxidant and anti-aging role.
- Protects the skin from damage caused by free radicals and UV rays.
- Accelerates wound healing and burns.
- Effectively protects the retina and helps maintain optimal vision.
- Cardioprotective and vasodilator, maintains the health of blood vessels.
- Lowers cholesterol and has a hepatoprotective effect.

#### Beneficial in:

Infertility, sexual dysfunction, dysmenorrhea, menstrual disorders, menopause, uterine fibroids, ovarian and breast cysts, pregnancy and lactation, cardiovascular disease, coronary heart disease, varicose veins, hemorrhoids, spasmodophilia, ascites, low immunity, disseminated lupus erythematosus. Shingles, asthma, cancer.

#### Active Ingredients / softgel capsule:

Natural Vitamin E (d-alpha tocopherol acetate) 294.1 mg (2451% VN R\*)

#### Administration:

1 capsule daily with a glass of the water.

**Packaging:** bottle with 30 capsules.



30  
cps

## VITEX 800

Vitex (*Vitex agnus-castus*) has been used successfully since antiquity for premenstrual syndrome, menopausal symptoms, infertility problems and other conditions that may affect the female reproductive system. The hormonal balancing effects of Vitex 800 help regulate menstrual cycles and relieve menopausal symptoms.

### Acțiuni:

- Reduces premenstrual manifestations. Regulates the menstrual cycle, reduces the incidence of ovarian cysts.
- Improves fertility.
- Reduces prolactin levels and increases progesterone levels.
- Reduces the manifestations of premenopause and menopause.
- It balances the estrogen / progesterone ratio. Improves breast milk production.
- It has antibacterial and antifungal effects.
- Provides a good mood and calms anxiety episodes.
- Increases melatonin levels.

### Beneficial in:

Irregularities of the menstrual cycle, premenstrual syndrome (PMS), premenstrual dysphoric disorder (PMSD), menopausal symptoms, treatment of "nodular" (fibrocystic) breasts, female infertility, prevention of miscarriage, low progesterone levels, bleeding control, benign prostate, acne, nervousness, dementia, upset stomach, spleen disorders, migraine, eye pain, inflammation of the body, fractures and swelling, joint ailments

### Active ingredients / capsule:

Vitex fruit (Honey), equivalent to 800 mg plant - 4:1 hydroethanolic extract from Honey Fruit (*Vitex agnus-cosfus* from Honey Fruit (*Vitex agnus-cosfus*)-200mg.

**Administration:** 1 capsule per day, at the table, with a glass of water.

**Packaging:** box with 30 vegetable capsules.

90  
cps

## MYO Inositol 650 mg

Mio inositol (vitamin B8) is the most bioavailable form of inositol, a natural substance produced in the human body from glucose. Mio-inositol is mainly used in the treatment of Polycystic Ovary Syndrome (PCOS), the most common endocrine disorder and one of the leading causes of infertility in women.

### Actions:

- Effective in menstrual disorders, premenstrual syndrome and menopause.
- Improves ovarian function and fertility
- Reduces symptoms associated with PCOS (menstrual disorders, acne, insulin resistance, extra pounds)
- Hormonal balance.
- Reduces thyroid antibodies in Hashimoto's thyroiditis. Regulates glucose absorption
- Reduces anxiety, panic and obsessive behavior.
- Stably balances the emotional and behavioral manifestations associated with them (feeling of suffocation, fear, food consumption above normal limits, etc.).
- Efficient in protocols for multiple sclerosis (in plaques).
- Fights diabetic neuropathy.
- It has strong antioxidant and detoxifying properties.
- Strengthens the hair and combats its loss
- Fights hirsutism (development of excessive hair and body).
- Reduces sebaceous gland activity, acne and the symptoms of lithium-induced psoriasis (used as a remedy to treat bipolar disorder, depression, schizophrenia and eating disorders).

### Beneficial in:

Polycystic ovary syndrome (PCOS), female and male infertility, anxiety, panic disorder, obsessive-compulsive disorder, ADHD, post-traumatic stress disorder (PTSD) depression, multiple sclerosis, diabetes, diabetic neuropathy high cholesterol (hypercholesterolemia), metabolic syndrome, eating disorders, kidney failure, galactosemia, hirsutism, acne, lithium induced psoriasis.

**Active ingredients / capsule:** Mio-inositol - 650mg.

**Administration:** 1 capsule per day, with meals. For optimal effects, it is recommended to administer the product in 6-month courses or according to the specialist's recommendation.

**Packaging:** box with 30 vegetable capsules.



VEGETARIAN  
friendly



VEGETARIAN  
friendly





90 cps

## EVENING PRIMROSE

### 1000 mg

Evening Primrose is a rich source of unsaturated fatty acids, lignin, amino acids, vitamins B, E, trace elements. The product is obtained from certified organic crops.

#### Actions:

- Contributes to the improvement of menstrual disorders (menstrual pain, premenstrual syndrome) and the effects of menopause.
- Reduces the discomfort caused by menopause, especially the sensation of hot flashes.
- Supports the normal functioning of the nervous system.
- Contributes to the normalization of cholesterol levels in the blood and the burning of saturated fats.
- Preserves the turgidity and elasticity of the skin.
- Increases vitality and resistance to adverse environmental conditions.

#### Beneficial in:

Premenstrual syndrome, dysmenorrhea, hormone-free imbalance, menopause, hypercholesterolemia, acne, eczema, etc.

#### Active Ingredients / softgel capsule:

Evening Primrose Oil (*Oenothera Biennis*)\* - 1000 mg, containing LA / Linoleic Acid - 700 mg, GLA / Gamma-Linolenic Acid ~ 90mg.

\* Raw material obtained from certified organic crops.

#### Administration:

1-2 capsules pieces. After a meal.

**Packaging:** bottle with 30/60 capsules.



30 cps

## UROFORTE

### Exocyan Cran 40G®

Natural product specially formulated to support a healthy bladder and urinary tract. UROFORTE supplies only plant extracts that are traditionally used to promote urinary tract health.

#### Actions:

- It prevents UTIs infections from spreading.
- Protects urinary tract from bacterial infections.
- Promotes the urinary tract health.
- Helps regulate bladder habits.
- Helps the well functioning of the kidneys.
- Promotes the detoxification of the urinary tract.
- Eliminates impurities and waste substances from the urinary tract and kidneys.

#### Beneficial in:

UTIs infections, acute/chronic cystitis, urethritis, pyelonephritis, urinary incontinence.

#### Active Ingredients / capsule:

4-5:1 Leaf Berberry extract standardized at 10% arbutin - 150 mg; 4-5:1 aerial parts Horsetail (*Equisetum arvense*) extract with 7% silicium - 100 mg; Exocyan Cran 40G® Cranberry (*Vaccinium macrocarpon*) fruit extract standardized at min. 40% proanthocyanidine (36 mg) - 90 mg.

#### Administration:

1 capsule / day, with plenty of water.

Consume at least 2l of water/day.

**Packaging:** bottle with 30/60 capsules.



Health from nature®



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